Term Two, Newsletter Eight Friday 28 April, 2023



# St Ambrose Parish School

Our Vision: Centred by Faith, In Partnership with Community, We Provide Excellence in Learning.





We respectfully acknowledge
the traditional custodians
of the land on which
our school is built. We pay our
respects to elders past, present
and emerging.

Message from the Principal: Pg 2
School News: Pg 3-6
Student News: Pg 7
School Events: Pg 8
Hanging Rock Cross Country: Pg 9
Mental Health & Wellbeing: Pg 10-11
Faith & Family: Pg 12
Community News: Pg 13-14

# Term 2, 2023 Dates

| Wednesday 3 May 2023   | Grade 3/4 excursion to Scienceworks                                |
|------------------------|--|
| Sunday 7 May 2023      | Confirmation Commitment Mass 11.00am                               |
| Monday 8 May 2023      | Grade 4 ADANAC Camp  |
| Tuesday 9 May 2023     | Grade 4 ADANAC Camp  |
| Wednesday 10 May 2023  | Grade 4 ADANAC Camp  |
|                        | Canteen commences (every Wednesday)                                |
| Thursday 11 May 2023   | Confirmation preparation evening with Denise Arnel 6.30pm - church |
| Monday 15 May 2023     | Mother's Day afternoon tea 2.15pm and liturgy 3.00pm               |
| Wednesday 17 May 2023  | Grade Prep, 1 & 2 Mass 9.30am                                      |
| Friday 19 May 2023     | Walk Safely to School Day  |
| Tuesday 23 May 2023    | Cobaw Winter Sports – Grade 5 & 6                                  |
| Wednesday 24 May 2023  | Grade 3/4 Mass 9.30am  |
| Wednesday 31 May 2023  | Grade 5/6 Mass 9.30am  |
| Monday 12 June 2023    | King's Birthday public holiday                                     |
| Sunday 18 June 2023    | Sacrament of Confirmation – 1.00pm & 3.00pm                        |
| Wednesday 21 June 2023 | Whole School End of Term Mass – 11.00am                            |
| Friday 23 June 2023    | End of Term – students dismissed at 2.30pm                         |
| Monday 10 July 2023    | Start of Term 3  |



# Message from the Principal

Dear families, parishioners, and friends, Welcome back to Term 2.

I hope your Easter break provided opportunities to relax and reinvigorate yourselves in body, mind, and spirit, and that your Easter celebrations were full of joy. It is great to be back at school and observe the children settled into their learning routines.

On Tuesday, our local community came together on Anzac Day, one of our most important national days of commemoration. On this lovely autumn day, we remembered and honoured all those who have served in wars, conflicts, and peacekeeping operations around the world, including the first Anzacs who fought at Gallipoli in Turkey during World War I.

As a community of faith, we were well represented and marched with pride led by our school captains Matthew M and Emmy Y who carried our school banner as well as Mica W and Alexandra M who laid a wreath for our local member.

My thanks to our families, students, and staff who participated in Anzac Day services, both at the school level and within their local communities.

Lest we forget.



# A Prayer for World Peace

Let peace fill our hearts,
our world, and our
universe. Let us dream
together and work
together to build one world
of peace and justice for all.
Amen







# Staff Literacy Professional Development



As the students of St Ambrose started their Term One holidays, the school was a hive of activity and excitement as the teachers readied themselves for the Writing Professional Development we were about to undertake over two days with Anne Bone, a Literacy Specialist from the Ballarat Diocese. We had met Anne and completed some work with her earlier in the term.

We worked in level teams, mixed groups, pairs and individually to extend our already vast knowledge about how children learn to write and strategies to help children improve their writing.

By the end of term two your child will be able to explain to you the Bump It Up Wall (BIUW). The BIUW is a visual way for children to see where they can improve their writing by looking at samples of writing that are progressively improving, moderating with their teacher to see where their writing currently is, and setting goals to improve their writing i.e. get it to the next stage. This gives students ownership of their success and gives them goals to strive for.

The teachers are very excited about implementing the strategies and ideas that Anne was able to share with us. We won't be completely changing the way we teach writing, but we will be making the children's understanding of the writing process and ways to improve their writing more visible and engaging which will lead to empowering students to set their goals and know how to improve their writing.

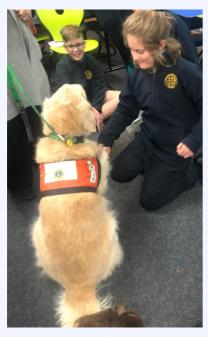


# Student representative Council

One of our student improvement goals is to enable student voice and agency. To add another avenue for this we are starting a student representative council this term to allow students to contribute ideas and collaborate across year levels.

Each class will vote on their representative who will have the position for two terms. The year 3-4 students are facilitating this initiative and will decide how the students will consult with their council members. They will also decide how the SRC will communicate its ideas with school leadership.

## **Rest in Peace Stumpy**



Sadly, Stumpy the Story Dog passed away during the holidays. He had several health problems and was quite an elderly dog.

Stumpy and his trainer Cindy visited our year 1-2 classes each week and children read to Stumpy to further develop their confidence and fluency when reading. We are thinking of Cindy who will miss Stumpy very much. Cindy has a younger dog in training however he may not be ready to visit our school this year. Thank you Cindy for bringing Stumpy into our lives, he touched our hearts.



# Grade 6 Canberra Camp Parliament and Civics Education Rebate (PACER)

Our Grade 6 students from our school have recently undertaken, an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$45.00 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.



# RIP Fr. Bob Maguire

This week, we all learned of the passing of Fr Bob Maguire at the age of 88.

Many will remember Fr Bob as parish priest in South Melbourne over many years. He will be well known to others for his work as a social justice campaigner.

We ask that you keep Fr Bob and all those he cared for in your prayers.

# Cross Country Sports Winners



We congratulate Carmel House on winning the most points for our cross-country run. It was a joy to watch all of our students taking part and doing their best.

Special thanks to all of our families who assisted on this day cheering on the students and supervising check-in points. Both the senior and junior events were enjoyed.

Thank you to Mrs. Cavric and the staff for their work in making these days so positive.

Mia and Angus Carmel house captains are pictured with the winning shield.

## Canteen re-opens

Our canteen will re-open on Wednesday 10 May 2023. Thank you to our team of volunteers who have come together to set up, cook, plan and deliver this service to our students. Canteen will operate on Wednesdays offering the menu below and Subway on Fridays. Orders can be placed online flexischools.com.au.

## **Office Hours**

To allow staff to have their lunch breaks please note that our front office will be **unmanned** between 2.00 pm and 2.40 pm.

If you need to pick your child up early we ask that you come

## before 2.00pm or after 2.40 pm.

We ask that you also give us a prior warning where ever possible if you are picking up early. This allows class teachers to support your child to be organised and it minimises the time we spend bringing children in from the yard. Thank you for your assistance with this.

Our office hours are

8.30 am - 4.30 pm



The Earth is extraordinarily generous, a healer and lover with magic beyond explanation.

— Rebecca Wildbear in Wild Yoga:

A Practice of Initiation, Veneration & Advocacy for the Earth



**Bronwyn Phillips**Principal

## WEDNESDAY- CANTEEN/SUPER SUSHI FRIDAY - SUBWAY FLEXISCHOOLS.COM.AU



# **Student News**



## PBL HOT CHIP LUNCH



# Student Sporting Achievements

Congratulations to Alani, Elke and Varli F on your achievements at the Gisborne Little Athletics Club (GLAC)

Presentation last term.

#### Alani (U11)

- 2nd in Age Champion
- 4th in number of PB's

(U11 girls are the most competitive in the Club, Region and State. Alani's improvements this year have been incredible)

#### **Elke (U10)**

- 4 x Club Records which were held for the past 40+ years (100m, 200m, 400m & 60m hurdles)
  - Age Champion
  - Overall Club Best Female
  - Overall Club Champion (this is the highest Award)

#### Varli (U8)

- Best Junior female
  - Age Champion
- Most number of PB's for the Club.



## **Student Initiatives**



Joe, A.J. and Sid are pictured with their cartoon drawings. The boys plan to begin a cartoon drawing club this term.



29 APRIL WALTER G

COOPER L

AVA R

2 MAY ALEXANDRA M

GEORGE S

4 MAY ANGUS T

Student News

# SCHOOL EVENTS



## **Hot Cross Bun Drive**

Thank you for your support. We raised \$268.

## St Ambrose Easter Raffle

Thank you to our families for your generous donations to our Easter Raffle.

Congratulations to all of our lucky winners.

We hope you enjoyed the treats!

There is still one prize to be collected by Natalie Ross.

If you know Natalie,

please contact the office.





#### Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and St Ambrose Parish School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 8 September 2023.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: <a href="https://www.vic.gov.au/premiers-reading-challenge">https://www.vic.gov.au/premiers-reading-challenge</a>

School Events 8

# HANGING ROCK CROSS COUNTRY RUN



















#### District Cross Country @ Hanging Rock

On Tuesday, 44 St. Ambrose students represented our school at the Cobaw district cross country event at Hanging Rock. It started as a cold and wet day, but fortunately cleared into a nice day of running. 22 of the 44 students that competed came in the top 10! An amazing achievement. They will go to the next level at Castlemaine next Friday. Thank you to Rhonda, Janene and our parent helpers; Seona, Kim, Naomi, Cam, Emma and Anita.



## Mental Health & Wellbeing at St Ambrose

**Erin Brass** 

# MINIMIZING SIBLING DISPUTES

PROPERTY OF THE PROPERTY OF TH



When your children are arguing, try this simple trick:

Have them sit down facing each other.

Tell them to look at each other but they absolutely cannot...

## SMILE.

Have them continue to look at each other, but absolutely NO SMILING!



your children will be laughing and smiling together. Try this! It really works!





Of course, use this trick at your discretion.

It might NOT be appropriate for some children and when there is a serious conflict between siblings.

#### OTHER IDEAS TO ENCOURAGE SIBLING CONNECTION:

- Pack lunches and enjoy an afternoon Picnic together.
- Use Marshmallows and toothpicks to build edible scultupres. (Snap pics before eating!)
- ◆ Take turns adding songs to a Siblings Music Playlist and then sing them out loud!
- Freeze homemade Popsicles together and enjoy them later.
- Head to your local library and choose Books for each other to read.

©Big Life Journal | BigLifeJournal.com





Term 2, 2023

Loddon Mallee Regional Parenting

# What's On In Term 2?

All programs are delivered by our qualified and passionate facilitators.

#### Tuning in to Kids | 6 Sessions, Mondays

For parents and carers with kids aged under 12

Kids with emotional intelligence have better concentration, make friends more easily, and are better able to regulate emotions. In this program you'll learn to help your child understand and manage their feelings.

Mondays, 1 May - 5 June | 12.45PM - 2.45PM Online Zoom \$60 (\$30 Concession)

#### My Kids and Me | 6 Sessions, Tuesdays

For parents with kids in Out-of-Home or Kinship care

The program covers the following topics: How did we get here, What's it like for you, Looking after yourself, The legal system, What's it like for your kids and Where to from here.

Tuesdays, 2 May -6 June | 11AM - 1PM In-person, CatholicCare Victoria - Bendigo \$20

#### Tuning in to Teens | 6 Sessions, Fridays

For parents and carers of kids aged 12+

This program helps parents and carers to build strong relationships and ensure positive interactions with thei teenager - even in difficult times.

Fridays, 5 May - 9 June | 10AM - 12PM In-person, CatholicCare Victoria - Bendigo \$60 (\$30 Concession)









Register: www.catholiccarevic.org.au/register

Keep informed on what we offer across Regional Victoria at www.cdfholiccdrevic.org.du



#### Term 2, 2023

#### Loddon Mallee Regional Parenting

#### Our Kids | 6 Sessions, Tuesdays & Thursdays

This program explores how ongoing parental conflict affects children, how you can support your children through changing family relationships as well as how to develop effective communication with your co-parent.

Tuesdays, 2 May - 6 June | 6PM - 8PM | Online Zoom Thursdays, 4 May - 8 June | 12.30PM - 2.30PM | In-person, CatholicCare Victoria - Bendigo \$150 (\$60 Concession)



#### Kids and Anger | 19 & 22 June

For parents with kids aged under 12

This free workshop helps parents and carers to understand why children get angry, understand their own response to their children's anger and gain strategies in assisting children to appropriately express anger.

Monday 19 June | 9.15AM - 11.15AM (9AM arrival) In-person, Quarry Hill Primary School | Free

Thursday 22 June | 1.30PM - 3.30PM (1.15PM arrival) In-person, St Mary's Primary School, Sea Lake | Free

# 

#### Understanding Toddlers | 22 June

For parents with kids aged under 4

This free workshop for parents and carers of toddlers covers the developmental stages of toddlers, as well as how you can connect, communicate and manage difficult behaviours in toddlers.

Thursday 22 June | 7PM - 8.30PM (6.45pm registration) In-person, Pyramid Hill College | Free



Free single-session parent consultations are also available, Monday to Friday, 9am - 5pm, via phone, Zoom or face-to-face. Please contact (03) 5438 1300 for information.

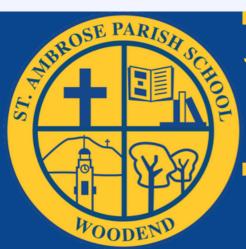


Register: www.catholiccarevic.org.au/register

(03) 5438 1300 | 176 - 178 McCrae Street, Bendigo VIC 3550

Keep informed on what we offer across Regional Victoria at www.calholiccarevic.org.au





## JOIN THE CELEBRATION OF ALL THINGS

# Faith & Family

## Sacrament of Confirmation Important dates

Sunday 7 May Commitment Mass - 11am St Ambrose Church

Thursday 11 May
Parent/Candidate Preparation Evening
with Denise Arnel - 6.30 - 7.30pm
St Ambrose Church

Sunday 18 June Sacrament of Confirmation Mass - 1pm St Ambrose Church

#### Wondering

The Butterfly life cycle symbolises the life of Christ: The caterpillar or first stage stands for Christ's life on earth.

The cocoon stage portrays Christ's death on the cross and his burial.

The third stage and most important phase is the rebirth after three days.

Jesus Christ was buried in a dark tomb for three days, and

then emerged, still himself but changed and glorified like the beautiful butterfly coming out of the cocoon. We too go through changes in our lives until we will come to a new life in God by following in Jesus' footsteps.





#### EASTER LITURGY

EASTER IS A TIME WHEN CHRISTIANS CELEBRATE THE LIFE AND GLORIOUS RESURRECTION OF JESUS CHRIST. IT IS A TIME FOR REFLECTION AND PRAYER, AS WE REMEMBER THE SACRIFICE THAT JESUS MADE FOR US. THE DEATH OF CHRIST WAS IMPORTANT BUT WITHOUT THE RESURRECTION, OUR WHOLE CHRISTIAN LIFE HAS NO MEANING.

ON MONDAY WE GATHERED TO LISTEN TO THE SCRIPTURE STORY OF JESUS BEING TAKEN DOWN FROM THE CROSS AND BURIED IN A TOMB.

SOME WOMEN TOOK CARE OF HIS BODY, COVERING IT WITH SPECIAL SPICES AND OINTMENTS AND WRAPPING IT IN A WHITE CLOTH.

THEY RETURNED TO THE TOMB EARLY THE FOLLOWING DAY, AT DAWN, IT WAS THE FIRST DAY OF THE WEEK. TO THEIR AMAZEMENT THEY FOUND THAT THE TOMB WAS EMPTY. AS THEY STOOD THERE, NOT KNOWING WHAT TO THINK.

AN ANGEL SUDDENLY APPEARED FROM NOWHERE. "HE IS NOT HERE, HE IS RISEN."

EXCITEDLY THE WOMEN RAN TO TELL EVERYONE THE GOOD NEWS.

IN THE NAME OF THE FATHER AND OF THE SON AND OF THE HOLY SPIRIT. AMEN

For all Faith & Family related matters, please email: nicole.sherlockbyrne@sawoodend.catholic.edu.au

Lord, we lift our hearts to you.

As the dawn breaks, may we carry the unity we share into every moment knowing that we are one with the risen Christ.

Lord, we lift our eyes to you. As the sun rises, may this moment stay with us, reminding us to look for the beautiful colors of promise in your word.

Lord, we lift our prayers to you. As the dew air falls, may we breathe this morning in and know that like the earth, you sustain us, keep us and work within us always.

And so, we lift our voices to you.

We celebrate the greatest day in history,
when Jesus rose from death, defeated darkness
and bathed the world in stunning resurrection
light. May we ever live to praise you!

Amen.

#### **UNKNOWN**



Faith & Family 12

# COMMUNITY NEWS







# Shire-wide Footpath Plan Review 2023



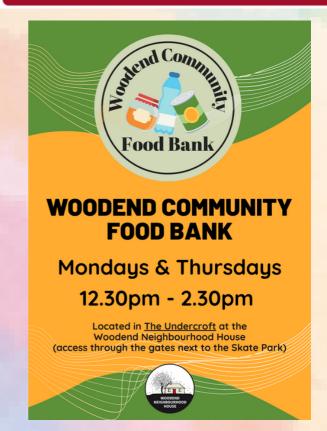
# Have your say

Council adopted the Shire-wide Footpath Plan in 2018 to outline where new footpaths were needed, and where there were gaps in the existing footpath network.

To date, close to \$4 million has been spent on the delivery of footpaths.

Now, we are seeking your feedback on the proposed revisions to the plan, including the new criteria for how we prioritise footpath upgrades and determine the design/materials to be used.

Feedback is open until 5pm 30 April 2023. Scan the QR code or visit mrsc.vic.gov.au/Have-Your-Say



# COMMUNITY NEWS



# JOIN THE FUN!

#### **Woodend Auskick Centre**

Gilbert Gordon Reserve, Woodend Saturday's 9:00am - 10:00am

Contact Information:
Auskickwoodend@gmail.com

play.afl/auskick









Community News 14