



Term Two, Newsletter Eleven  
Friday 26th May, 2023

# St Ambrose Parish School

*Our Vision: Centred by Faith, In Partnership with Community, We Provide Excellence in Learning.*



We pay our respects to the traditional custodians of this land both elders past, present, and emerging. We give thanks for the site on which our school is built and are grateful for our beautiful surrounds.

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## Term 2, 2023 Dates

|                        |  |
|------------------------|--|
| Tuesday 30 May 2023    | Bishop Terry Curtin visits Confirmation candidates 1-2pm   |
| Wednesday 31 May 2023  | Grade 5 excursion to Scienceworks  |
| Friday 2 June 2023     | Girls Division Soccer - Castlemaine  |
| Tuesday 6 June 2023    | Regional Cross Country - St Arnaud<br>School Advisory Board Meeting - 5.30pm<br>Parents & Friends Meeting - 7.00pm                         |
| Wednesday 7 June 2023  | Grade 5/6 Mass 9.30am  |
| Monday 12 June 2023    | King's Birthday public holiday   |
| Wednesday 14 June 2023 | Whole school end of term Mass 9.30am   |
| Sunday 18 June 2023    | Sacrament of Confirmation - 1.00pm   |
| Friday 23 June 2023    | End of Term - students dismissed at 2.30pm<br>School Disco (Woodend Tennis Club)<br>Grade Prep, 1 & 2 4.00-5.30pm<br>Grade 3-6 5.45-7.00pm |
| Monday 10 July 2023    | Start of Term 3  |



# Message from the Principal

Dear families, parishioners, and friends,



This week we congratulate our mixed football team who won the grand final this week by 2 points! This means that they progress to the Goldfields division level on Monday, June 19 which will be played in Castlemaine.

Sporting success is measured in many ways from a willingness to participate and have a go to excelling as a team or individual. All of our children have gifts known to them and other gifts waiting to be recognised. Together we support our students to succeed in their learning as we strive to educate in faith and with a deep commitment to assisting all students to grow as people in our community. From the tentative little steps of the Foundation students to the strong leadership qualities displayed by our most senior students, we have much to celebrate and feel proud of at our school today.

St. Ambrose Parish Primary School is a Child Safe School called to action through Gospel values. Through the mission of Jesus, we are called to action in pursuing fullness of life for all.

We know connection is so important in equipping our children with confidence, a sense of self worth and belonging. This in turn helps them to thrive, however, life is busy and it seems hard to fit everything in! Fortunately making meaningful connections with your children doesn't have to be time-consuming or require preparation- we can have "mini-connections" throughout the day while driving them to school, standing in line at the checkout or when they are hanging around in the kitchen wondering what's for dinner.



Dear God,  
Give me strength today  
to show kindness in all that I  
do. Help me to open my arms to  
those less fortunate and extend my  
hand to those who may need it, so  
that they may see You in my kind  
words  
and actions.

It only takes one kind word to make  
us feel loved. May the words we say  
be kind and thoughtful. It only takes  
one loving word to make us feel  
comforted. May the words we say  
be blessed. It only takes one  
comforting word to make us feel  
positive.

May the words we say be helpful.  
Amen

Find what works for you and your family -Dr. Matt Sanders (Positive Parenting Program) suggests trying to spend small amounts of time with your child- even as little as one or two minutes- frequently throughout the day. The time that is special to your child might be when they approach to tell you something, show you something important, ask a question, or involve you in their activity. When these moments occur and you are not occupied with something important, try to stop what you are doing and be present with your child for just a short time. It takes a bit of practice to really tune in but it can really be powerful in developing positive relationships with your child. (This strategy also works for partners/ family/ friends and work colleagues too!)

Ways to Connect with Your Children could be:

- Talk (and Listen) to Them.
- Take an Interest in their Interests.
- Invite Them Into Your World.
- Find a New Hobby.
- Guilt is Not a Weapon.
- There's a Time For Friendship and a Time For Parenting.
- Don't Get Discouraged.

## National Simultaneous Storytime (NSS)



National Simultaneous Storytime (NSS) is a wonderful initiative supporting reading and children's literacy. The official story time book for 2023 is *The Speedy Sloth* written by award-winning picture book author Rebecca Young and illustrated by award-winning children's book illustrator Heath McKenzie. NSS is a vital campaign that aims to engage children of all ages to read and enjoy books while teaching them the value of literacy. The Speedy Sloth is a delightful story of COURAGE, TENACITY, PARTICIPATION, and CELEBRATION of all WINNERS! Spike is proud to run her own race! Here at St Ambrose Primary School, all children tuned in to this opportunity to stop and engage with this great story!



## School Production



Our students are filling the corridors with their beautiful voices as they prepare for our school production next term. Be sure to set the dates aside as it will be a great night of celebration!

## Semester One Reports

Our teachers are in the process of gathering and analysing data to assist with writing their Semester One reports. Research shows that children are more likely to perform better when school and families work together. Our formal reports are another opportunity for us to foster our school-home partnership with you. You will receive a formal written report for your child/ren on the last day of this term via email.

This report will provide feedback about your child's progress and achievement in accordance with the Victorian Curriculum.

An Operoo will go out in a couple of weeks to enable you to book in for your mid year parent-teacher conversations in term three.

## Our Canteen is Humming Along!

Our children are enjoying having the canteen open again! Thank you to the amazing team for all they have done to enable our families to have this option again. Katie is doing a super job cooking on Tuesdays ready for the students to order on Wednesdays. Thanks also to our canteen committee Danielle P, Danielle G, Nicole, Michelle, Chelsey and Angela and Kristy who assisted on Wednesday.



## Mr Lawlor on Ch 7!



*During the January school holidays, I was lucky enough to be invited to be a part of the new Channel 7 quiz show, The 1% Club. The show isn't about remembering facts like other quiz shows, but is more about how you think.*

*I have been using questions from the show in our class and it has been great to see how many of our students do better than many of the adults on the show.*

*I will be on the show with one of my brothers, Xavier, and we were both pretty keen on getting further than each other. While there were 100 contestants on the show, my main aim was to make sure I got further than he did. I had never been to the taping of a TV show, so I was quite fascinated in how they are created. The taping of the show went for four hours and then they cut it down to a 45 minute TV show. I am really looking forward to watching the show next Monday (5th of June) to see how often I make it on the show, so keep an eye out for me in the crowd shots if you are watching it.*

Mr. Lawlor

## Anslow St Entry



If you drop off and pick up from Anslow St. you may have noticed that we have had the gate repaired. To avoid weakening the hinges we ask that you use the middle tall bar (see red arrow) to unlatch the gate.

Thank you.

If you drop off and pick up along Urquhart St we ask that you use the gate leading into the presbytery yard that leads into the schoolyard on the south side of our building. Can you remind your children to refrain from jumping over the fence. The ground is wet and slippery and we don't want children to injure themselves. The path pictured is the entry point if dropping off on this side. Thank you for your co-operation.





# Parents & Friends Roles to Consider

We are looking forward to meeting with our parent's association on Tuesday, June 6th at 7 pm in the library. We will send out the agenda for this meeting in next week's newsletter. You may like to consider one of the following roles on our P&FA. Our P&F policy is also attached to this newsletter.

## P&F Roles, Duties, and Responsibilities

**The President** leads the P&F Association by:

- Planning and chairing meetings in consultation with the secretary and principal;
- Ensuring meetings run according to the agenda.
- Ensuring fair discussion - give all an opportunity to speak
- Ensuring activities are sanctioned by the principal
- Working with the treasurer to ensure financial accountability
- Ensuring decisions are carried out – followed up.
- Encouraging parents to get involved
- Helping parents feel welcome at the school.
- Tuning in to parents' comments.
- Responding to comments.
- Meeting and welcoming parents to meetings.

## VICE-PRESIDENT

**The Vice President** will support the President by:

- Chairing the meeting in his/her absence;
- Sharing duties and responsibilities as agreed e.g. being responsible for coordinating the activities of sub-committees.
- Being supportive and attending meetings.
- Playing a constructive role.

## SECRETARY

Duties and Responsibilities

- Preparing the agenda in consultation with the president and principal.
- Notifying members of meetings (date, time, venue)
- Keeping records.
- Receiving and managing the correspondence.
- Obtaining reports from sub-committees.
- Writing up the minutes.
- Guiding and advising the president.
- After the meeting, minutes should be written (typed) up and actions taken on any decisions
- Write letters/emails in accordance with the instructions of the meeting or the President;
- Preparing minutes for the school newsletter;
- Confirming attendance of the members and other appropriate people;



- Clearing the mail regularly and keeping the President informed on all issues;
- Ensuring close communication and cooperation between the parent association, office staff, school staff, and parents;
- Maintaining a collaborative approach.

## TREASURER

### Role

**The Treasurer** accounts for and reports on the finances of the P&F.

Duties and Responsibilities

- To keep accurate financial records of all receipts and expenditures;

## SUB-COMMITTEES

A Sub-committee can save time and ease the workload of the regular P&F meetings by dealing with particular projects and reporting back to the P&F meeting. Sub-committees must be set up by the decision of a P&F meeting and their task should be clearly defined in writing as part of the minutes of that meeting.

- Meet with your sub-committee colleagues and focus on the task
- Be prepared to report to P&F meetings;
- Attend meetings regularly;
- Send apologies if unable to attend;
- Be cooperative at all times;
- Responsibility for what has been agreed should be shared by all group members.
- Attend to the business of a particular sub-committee to obtain the outcome
- Ensure the Terms of Reference/policy for the committee is adhered to

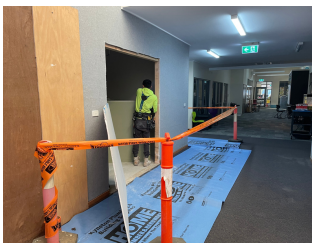
[Click here for our Parents and Friends Policy](#)



## Building Update



James Chettle is keeping the momentum going with progress being made on the front entrance as well as the visual arts/stem (steam) room. All going well we hope to be able to move into these new areas by mid term 3.



## Covid 19 Update

There are still cases of Covid in the local community so we ask that you remain diligent with Covid safe practices. If you have tested positive for Covid 19 you should isolate from the school for 5 days. Close contacts should wear a mask on site and test daily.

[Covid information.](#)

## Winter Uniform

I have had some families ask if their child can wear navy shorts throughout the winter rather than long trousers. Yes, if students prefer to wear the navy shorts throughout the winter they can however they need to wear the long-sleeved shirt or polo and the jumper or soft shell jacket.

Year six students can wear their rugby tops. **We do ask that students come to school suitably dressed for cold days.** We strongly advise that children wear a navy coat as well in the cold weather. Hip Pocket sells navy coats that are waterproof.

[Uniform list](#) for options.



**Bronwyn Phillips**  
*Principal*





## Cobaw Sports

On Tuesday the 23rd the 5/6s went to Romsey to compete in the Cobaw Winter Sports. We played footy, netball and softball.

I played girls netball and we played 6 games against OLR, Candlebark, Woodend Primary, Kynton Primary, St Mary's, Lansfield Primary. We won all of our games and made it into the grand final, but unfortunately, we lost against St Mary's. The score was 7 to 13. At the end of the day we all had fun and everyone did their part in the team .

- Tahlia played GA or GD
  - I played GD or C
  - Isla played WA or GS
  - Mia played GD or GK
  - Catalina played WD or GD
  - Alexandra played WA or GS
  - Ruby played C or WA
  - Carlie played GS or WA
  - Liv played WD or WA
- By Emmy







## Mixed Netall

On Tuesday the 23rd of May our school attended Cobaw Winter Sports. We Left on the bus at 9:00 am and got there around 9:30 am.

The mixed netball team played six teams. It was so much fun and we all had a great time.

We won 4 games and lost 2 games. We got into the semi-final but unfortunately we lost.

Overall it was a great experience and we loved it. We would love to thank Joanna for doing all the scoring. It was hard for her, but she got through it! We would also love to thank Mrs Macca for running the day. She was all over the place and she was awesome.

Written by Arlia and Alani.



## Prep K visit the Library

Prep K enjoyed their visit to Woodend Library for National Simultaneous Story-time on Wednesday.





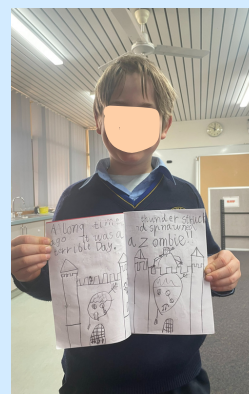
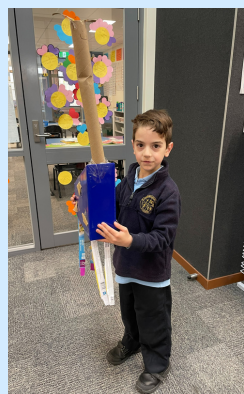
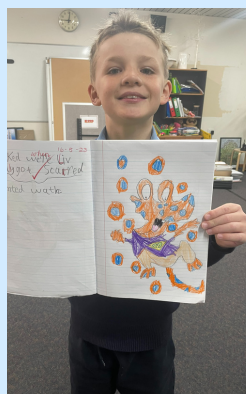


## Student Representative Council

We congratulate the following students on being elected as their class SRC representative: Sonny B (absent), Sebastian, James, Audrey, Marli, Haley, Ava, Asher & Elijah.



## Students Achieving



George, Bill and Seb are pictured showing some work that they are very proud of. Jake, Darcy and Hunter pictured below proudly holding the premiership flag for being in the winning team of mixed football Cobaw and district sports.

The purpose of the SRC is to strengthen student voice and agency across the school:

- to contribute ideas and form partnerships.
- to co-plan and initiate learning.
- to allow for students to be consulted about decisions made within the school.

A student from each class was elected from year 1 to year 5.

Each grade went through a process and voted on its own student council member.

The student representative will sit for half a year. They will meet once per fortnight.

The Grade 3/4 team will rotate to facilitate meetings.

The first SRC will be charged with deciding how the students will consult with their council members, and deciding how the SRC will communicate its ideas with leadership and the rest of the students.

# HAPPY BIRTHDAY

27 May

Lily M

31 May

Evelyn C

1 June

Bill R

Poppy C





# LIBRARY NEWS

The FOSSAL's have been a wonderful help in the library.

We meet every Monday and discuss what we as a collective can do to improve our library and assist students and teachers alike. Student voice is very important and this group of enthusiastic students have lots to offer. The FOSSALs encourage each other to assist in many ways in the library and the school. They constantly tidy the picture storybook boxes and assist the junior teachers by helping to tidy the junior reader boxes.

A group of boys have been running the VERY successful Comic Club on Monday and Thursday lunch times. They announce the group over the loud speaker and monitor and assist students on the library deck. Lots of students have come along to draw colour and learn from Jo Mc, Sid M and Gus H and all the FOSSAL team.

Elijah E has created a wonderful design for the 2023 badges and is fine-tuning the dimensions to fit the button machine. We will see the FOSSALs proudly wearing the badges soon.

Charlotte N has been busy designing a display for our Wonderful Winter Display. Stay tuned for more in the coming weeks.

Thank you, Clare Shannon.



## Victorian Premiers Reading Challenge

St. Ambrose is encouraging your children to read every day! Join the Victorian Premiers Reading Challenge by clicking on the link above or Google information about the challenge.

Sign your child up and start reading.

All the information is contained on the website.

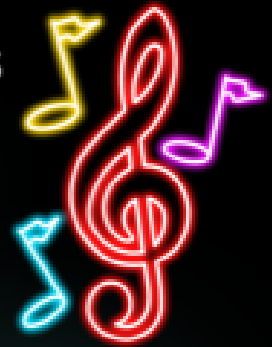
Have FUN and get reading!



# SCHOOL EVENTS



ST AMBROSE PARENTS & FRIENDS  
ASSOCIATION PRESENTS THE



## *School* **GLOW DISCO** *Party!*



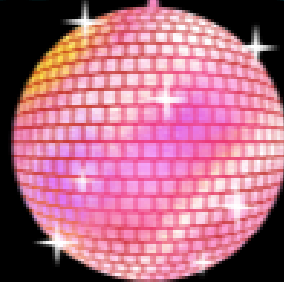
FRIDAY 23 JUNE  
AT THE WOODEND TENNIS CLUB

GRADE PREP, 1 & 2

GRADE 3, 4, 5 & 6

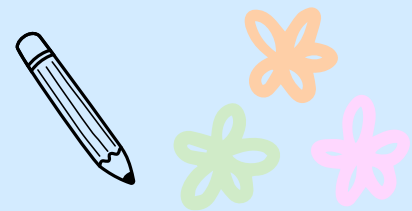
4 - 5:30PM

5:45 - 7PM

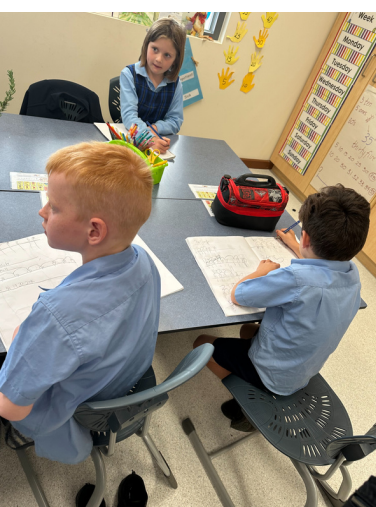
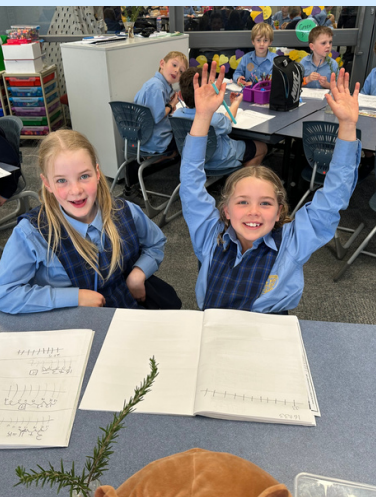


**WEAR SOMETHING WHITE  
SO YOU GLOW!**





# ONE-TWO R FEATURE



1/2 Raco's refined, radiant, and receptive roommates have been super busy this week! Our week has been filled with learning. We participated in a Simultaneous storytime where we were able to listen to a live reading of "The Speedy Sloth" and see the illustrator demonstrating how he created the pictures for the storybook. Math has been filled with shapes and we are beginning to learn about addition and subtraction. This week we have drawn number lines to assist us with this process. On Friday we shared in a Junior Area Liturgy, where everyone read and sang beautifully. Library time is always a favorite for our class with Fiona happily scanning all our books. Here are photos of your learning from this week. Enjoy.



# AROUND THE SCHOOL







## Building Frustration Tolerance

### ◆ Explain The "Tolerance Cup" To Your Child: ◆

Our body has a **tolerance cup**.  
Depleting or frustrating experiences **add water** to the cup throughout the day.

TERRIBLE  
NIGHT SLEEP

SIBLING BROKE  
FAVORITE TOY

TEST AT SCHOOL,  
FEELING ANXIOUS



By the middle of the day, your **tolerance cup is filling up**.  
You might be feeling **irritable** with a lot of emotions inside.

BOY ON THE  
BUS PUSHED ME

FEELING TIRED  
BUT HAVE SPORT  
PRACTICE

ANSWERED 2/10  
QUESTIONS CORRECTLY  
ON THE TEST



You come home from school **tired and irritable**.  
Your tolerance cup is **very close to overflowing**.

ASKED TO DO  
CHORES

ASKED HOW TEST  
WENT

ASKED TO DO  
HOMEWORK



Sometimes, if our cup is really full, even the  **tiniest drip can make it spill**.  
When your cup overflows, **strong emotions** come out of your body, which can get messy!

When our big emotions come out, our cup gets emptied again. That's a good thing.

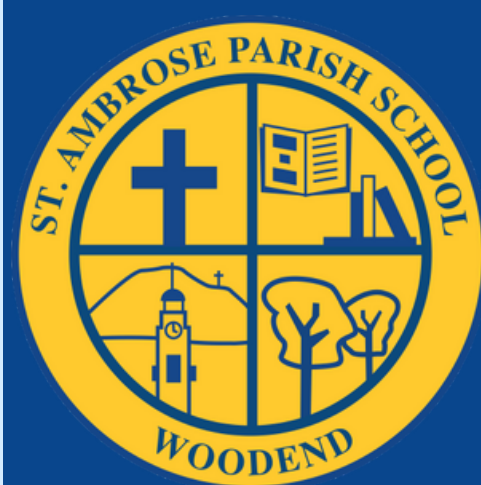
### SOME WAYS TO POUR WATER OUT OF YOUR TOLERANCE CUP:

- ◆ Ask for an earlier bedtime. You'll wake up to an emptier cup the following day.
- ◆ Take slow, deep breaths.
- ◆ Stretch or do some yoga poses.
- ◆ Hug your loved one (including pets!).
- ◆ Take a warm shower or bath.
- ◆ Dance it out.
- ◆ Talk to someone about how you're feeling.
- ◆ Close your eyes and think about someone you love.



Read this with your child. Maybe even take a cup and show it to them.  
Then, **read it to yourself**. We all need these reminders.





JOIN THE CELEBRATION OF ALL THINGS

# Faith & Family



Loving Creator guide us as we seek  
to share the message of love with the whole world.  
Bless us with the strength and wisdom  
to reach out to those who need to hear the Gospel.  
Give us the courage to live out our faith each day  
and to be a shining example of your love  
We make this prayer through Jesus Christ, our Lord.  
Amen



CLICK HERE FOR THE GOSPEL REFLECTION  
OUR COMMISSION - TO BOLDLY GO (MATTHEW 28: 16-20)



## IMPORTANT TERM 2 FAITH DATES

SENIOR GR5/6 LEVEL MASS  
WEDNESDAY 7TH JUNE - 9.30AM

END OF TERM 2 WHOLE SCHOOL MASS  
WEDNESDAY 14TH JUNE, 9.30AM

SACRAMENT OF CONFIRMATION CHURCH PRACTICE  
WEDNESDAY 14TH JUNE, 11.45 - 12.45PM.

BISHOP TERRY CURTIN'S CONFIRMATION TALK  
VISIT - TUESDAY 30 TH MAY, 1-2PM

MIDDLE YRS LEVEL MASS  
WEDNESDAY 31 ST MAY, 9.30AM

SACRAMENT OF CONFIRMATION MASS  
SUNDAY 18TH JUNE, 1PM.

## WONDERING

**"If we do not pray, we will not have the  
strength to go forward in life. Prayer is  
like the  
oxygen of life." - Pope Francis.**

**For a Life of Prayer**  
**The Pope Video 12 - December 2020**



For all Faith & Family related matters, please email: [nicole.sherlockbyrne@sawoodend.catholic.edu.au](mailto:nicole.sherlockbyrne@sawoodend.catholic.edu.au)



## Carer Peer Support Group

A peer led group for Carer's in the Macedon region.

**Safe - Respectful - Private**

Meeting fortnightly on Monday mornings from 9:30 - 11am

First meeting Monday 19th June 2023

Next meetings: 3 July, 17 July, 7 August,  
21 August and 4 September

### **The Woodend Community Centre**

Multipurpose Room

High St & Forest St, Woodend

Morning tea supplied - Facilitated by Maureen Scerri

### **Bookings Essential**

Please contact Niki at

**Bendigo Health Carer Support Services**

[carersupportservices@bendigohealth.org.au](mailto:carersupportservices@bendigohealth.org.au)

5454 7719

Bendigo Health Carer Support Services delivers carer services in partnership with Merri Health, funded by the Australian Government and the Victorian Government.





# COMMUNITY NEWS



PROKOFIEV

## Peter and the Wolf

Scotch College Orchestra with John Ferguson  
Narrated by Max Gillies

2.30PM MONDAY 12TH JUNE 2023

The Woodend Winter Arts Festival returns over the King's Birthday weekend this June. Don't miss your chance to experience some of Australia's finest musicians performing in the Macedon Ranges. Kids and families will love the performance of Prokofiev's Peter and the Wolf by the Scotch College Orchestra, narrated by renowned actor Max Gillies.

Venue: Heywood Hall at Braemar College\* | Adults \$20 / Child \$10 / Family \$40

\*Ticket purchase includes return transport from Woodend

[woodendwinterartsfestival.org.au/peter-and-the-wolf](http://woodendwinterartsfestival.org.au/peter-and-the-wolf)



ORGAN'S COACHES



BRAEMAR

### FREE EVENTS

The family favourite fireworks will also be back, this year synchronised to classical music, while the High Street Festa is an exciting new addition bringing live music and illuminated artworks to Woodend's main street over one evening.

View the full program at [woodendwinterartsfestival.org.au](http://woodendwinterartsfestival.org.au)



**Fireworks to music**  
With live performances  
& food trucks  
**Buffalo Stadium**  
**Friday 9 June**



**High St Festa**  
With street light exhibition,  
food trucks & choir  
performances  
**Woodend High St**  
**Saturday 10 June**



Community Bank  
Tewitons & Districts



RT Edgar

The Cranbourne  
Foundation



Macedon  
Ranges  
Shire Council