

# Term Three, Newsletter 15 Friday 14th July, 2023

# St Ambrose Parish School

Our Vision: Centred by Faith, In Partnership with Community, We Provide Excellence in Learning.



We acknowledge the traditional owners and custodians of this land.
We pay our respect to elders past, present, and future.
They hold the story, hope, and dream for all.
We affirm the wisdom of this ancient culture.
It reminds us that God's Word is part of the whole of creation.
This message celebrates reconciliation with God, creation, and all people.
May we continue to walk the message of love, joy, peace, and reconciliation. dured and pray for harmony.

Monday 17 July 2023	Swimming lessons 1/2CM, 1/2R & 3/4L
Tuesday 18 July 2023	Swimming lessons 1/2CM, 1/2R & 3/4L
	Parent Teacher Discussions (refer to Operoo)
	Visual Arts Exhibition (until Friday 4 August)
Wednesday 19 July 2023	Canteen re-opens
	Prospective Enrolment Information Evening 7-8pm in the Library
Thursday 20 July 2023	Parent Teacher Discussions (refer to Operoo)
Friday 21 July 2023	Prep Family Celebration (see flyer later in newsletter)
Sunday 23 July 2023	Eucharist Commitment Mass 11am

See next week's newsletter for the full Term 3 calendar dates.





Re-opens on Wednesday
July 19th

Message from the Principal: Pg 1 School News: Pg 2-5

Student News: Pg 6-7

School Events: Pg 8-9 Auslan Feature: Pg 10

Around the School: Pg 11 Mental Health & Wellbeing: Pg 12-13

Faith & Family: Pg 14 Community News: Pg 15-16

# Message from the Principal

Dear families, parishioners, and friends,

What a great start to Term Three, with the children and staff returning to school with smiles on their faces and a spring in their steps, ready to embrace and engage in another ten weeks of learning and growing.

Our professional and dedicated staff are refreshed, well-planned, and just as excited to continue facilitating a plethora of learning opportunities to ensure that every child is catered to and that all will reach their goals. Once again, it will be another action-packed term with many events and experiences for our St Ambrose community as co-learners to embrace and look forward to. Swimming, School Production, Art Show, Excursions and Incursions, Eucharist, Footy Colours Day, and Soccer clinics are some of the events planned! Yes, as always there will be much happening around our school over the next nine weeks so make sure that you stay tuned for our weekly newsletter to keep up with all the happenings at St Ambrose. If you come a little earlier or stay later than your parent-teacher interview time, you can enjoy your children's creative talents by viewing their work in our art exhibition. You can also see our new creative space which is now completed.

I wish all families a very happy third term.
This is our coldest term so make sure your children wear warm winter uniform options and together we will continue to work together to look out for each other in the weeks ahead as we learn and grow together.

# Parent-Teacher Conversations

Our teachers are keen to meet with you over the next two weeks to discuss your child's progress. Make contact with your child's class teacher if you have been unable to book a time slot via Operoo. We ask that you please be punctual as we need to honour each interview time. If you require more than the time allocated you could make another appointment with your child's teacher.

#### Lord,

as we embrace this new semester, help us to be ready, attentive, and available to hear you.

Thank You for the gift of being able to rise each day with the assurance that
You walk through it with us.

Thank You for the gifts of creativity and uniqueness, and the energy to put them to good use.

Amen.



# Enterprise Bargaining Agreement 2022

As previously communicated, there have been ongoing negotiations regarding working conditions for educators now for some time.

After a long and protracted period of

After a long and protracted period of negotiations, the enterprise bargaining agreement entered into in 2022 has now been settled. This means that our staff and all who work in education can expect to hear of improved working conditions in the coming months. Once this has been approved we will need to be compliant with the new conditions.

We have already been preparing for the changes. We are so fortunate at St. Ambrose to have such a dedicated staff group who care for all students in exceptional ways. Through the new agreement, we hope that we can also ensure that we are looking after those who care so much.

## **Senior School Expo**

















Our senior students impressed us all with their ingenious creations which they shared across the levels at the conclusion of term 2. It was a joy to observe them patiently explaining how to use their inventions and our younger students loving giving them a go!

## **Wet day Table Tennis**









At St Ambrose, we use indoor play times as an opportunity to support our students to connect and interact with each other.

Our students have enjoyed getting out the bats and nets and converting their desks into table tennis courts on wet days. Skills are developing and much fun is being had!

## **Eurythmy in Year Prep**













School News

## Students visit the MCG







Deon, Remy, Hunter, and Jim were some of the lucky people who played at the MCG over the holidays!

## **Swimming**

We hope that those children who have started their swimming lessons are growing in skill and confidence. Thank you to all of our parent helpers who have been supporting classes at the pool. Your children delight in your attendance and it is also a great help!

















# Father's Day-Save the Date!

We are looking forward to welcoming our father's, grandfathers and significant others on **Tuesday August 29th at 2.15 pm** for pizza in the hall followed by a liturgy in family groups.



#### Soccer

It was terrific to see our children and families taking part in Monday afternoon's soccer clinic in spite of the cold!



## **Building Project**

Pictured below is the framing which is near completion for the front entry area. The disabled toilet and creative arts space was finished during the holidays which is great! You will see this area when your children's artwork is on display for your enjoyment next week.



## St Ambrose Information Evening for New Families

Mrs. Geisler and I are facilitating an information session on **July 19th in the library at 7.00 pm.** This meeting will be of particular relevance to new families interested in enrolling their children at our school. We will cover:

- Our school's vision and mission.
- Our approach to teaching and learning
- student wellbeing.
- How we support the overall growth and development of our students.
   If you know any parents who may be interested please let them know.

#### **Box Creations**

Pictured below are our junior school students getting creative with boxes. It was great to see them really enjoying this experience.







# Annual Report to the School Community

Our 2022 Annual Report to the School Community has been sanctioned by MACS and is available for you to read from the school website which you can access here.

2022 ANNUAL REPORT

#### **SAC & PFA Dates**

Our School Advisory Council will meet again on Wednesday, August 2nd at 9.30 am
Our School Parents & Friends Association

Our School Parents & Friends Association will meet again on **Thursday, August 3rd at 2.30 pm** 



Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day, saying, "I will try again tomorrow."

MARY ANNE RADMACHER



Bronwyn Phillips Principal

School News 5

# **Student News**



#### **State Cross Country Event**

Congratulations to the five St. Ambrose students who qualified to run in the School Sport Victoria (SSV) State cross country championships yesterday.

The carnival took place at Yarra Glen racecourse and was a wet and muddy course but our students did a fabulous job.

Elke - 22nd Elsie - 71st Harriet - 73rd Indie - 71st

Ava - couldn't compete due to clash with SSV round 2 state soccer selection.

We are very proud of your commitment, training and dedication in getting this far.













Student News

# **Student News**





# HAPPY BIRTHDAY

24 June Ethan C
27 June Caellan B
27 June James K
27 June Aidan S
28 June Tora C
10 July Hamish F
16 July Elise M
17 July Mollie H

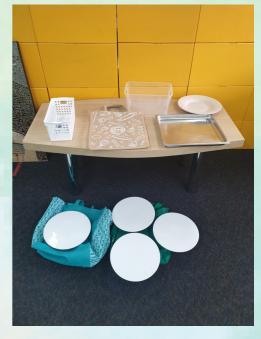
Student News

# SCHOOL EVENTS:

## **Student Disco-Thank you PFA**

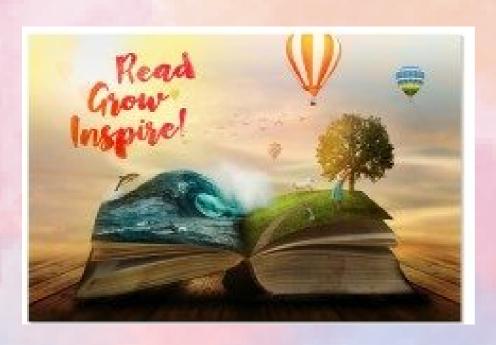


Thanks to our PFA and for your generous donations to our cake stall we were able to fund our end-of-term disco. The children had a fabulous time. Special thanks to Kristy Cavric for co-ordinating this popular event.



Drop into the office if you recognise any of these items from your cake stall donations?

## **Book Week 2023**



Book Week Theme:

READ, GROW, INSPIRE

In the next following weeks you will be advised of the activities and events which the children and staff will be participating in.

School Events 8

# SCHOOL EVENTS:

# Come One, Come All

STEP RIGHT UP & JOIN THE FUN!

# Prep families mid-year celebration

FRI JULY 21ST 5.30-7.30PM MCDOUGALL PLAY HOUSE CAFE 12 MCDOUGALL RD, SUNBURY

RSVP TO KRISTY ASAP 0402 436 159
WHOLE FAMILY INVITED - LET ME KNOW #'S IN RSVP
\$30 PER FAMILY - ENTRY WHOLE FAMILY & KIDS SNACKS



School Events 9



## **AUSLAN FEATURE**

This year marks the start of our Jounney learning Auslan at St Ambrose. The students have taken to the language with enthusiasm and are showing really pleasing results.

#### What does Auslan look like at St Ambrose?

A typical Auslan class follows a similar pattern each lesson. First students practise or revise some of the vocabulary and phrases learned in previous lessons. As with any language, repetition and revision is integral. This is usually done with a quick game such as the secret sign game where vocabulary from a number of different topics are combined to make a secret silly message. The students pass the sign to the person in front of them until the the phrase is finally signed to the last team member. This team member then records the phrase on the board in English.





Next the students move to the new concept or vocabulary. This is typically done as a whole class lead by the teacher. I usually model the sign for the students to copy for each word.

The students then have the opportunity to practise each sign with a variety of games such as memory, guessing games like more/less, and games such a battle ships, where students are required to repeatedly sign letters and numbers, supporting them to move this knowledge from their short term memory to their long term memory.



As a unit progresses, the students have more vocabulary to use and begin to use other familiar vocabulary to form phrases. This allows us to play a wider range of games giving the students the opportunity to practise signing and interpreting and understanding signing by others.

Throughout the units, the students aim to create something to show their learning that can also act as a resource for them to revise the vocabulary they have learned. Here is an image of some wonderful work by one of our grade one students showing labels in Auslan on her illustration.

Thank you for all your support this year and for your feedback.

Please don't hesitate to get in touch with me if you have any feedback, suggestions or if you would like to help in some way.

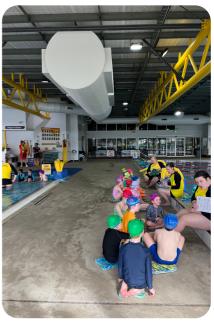
I can be contacted by email: <a href="mailto:kate.old@sawoodend.catholic.edu.au">kate.old@sawoodend.catholic.edu.au</a>



Auslan Feature 10

## AROUND THE SCHOOL













Around the School 11



## Mental Health & Wellbeing at St Ambrose

**Erin Brass** 



# Instead of using THREATS OR BRIBES:

"If you don't do this, you can't..."

"If you do this, you can..."

# Use the "AS SOON AS" framework:

"You can...as soon as you..."

#### The "as soon as" phrases are helpful and effective because:

You're not giving your child a <u>choice</u> to do a task or not, you're telling them your <u>expectation</u> (X has to be done for Y to happen).

- "You can have your dessert as soon as you eat dinner."
- "I'd be happy to take you to the park as soon as you clean up."



#### It's super important to:

- Watch your tone when giving instructions to children. Firm and kind is the way to go!
- Follow through on your instructions and not give in (only then your future boundaries will work!)



@Big Life Journal | BigLife Journal.com

Big-life Journal



HI. MEDI

## Mental Health & Wellbeing at St Ambrose

**Erin Brass** 

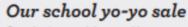
#### Hello families!

NED's Mindset Mission is a positive behaviour assembly visiting our school! A world-class performer takes our students on a 45-minute journey filled with storytelling, illusions, yo-yo tricks and humour.

NED's message and memorable friends inspire students, promote academic achievement, and support our school goals. NED will become a positive role model at both school and at home.

Never give up Encourage others Do your best®

A yo-yo is both a mindset tool and tangible reminder of NED's message. While learning to yo, children will make mistakes, try again, & improve. Read more at www.MindsetMission.com/yoyos.



Our school received this assembly at no-cost because another school paid-it-forward to us. We want to help pay-it-forward too, and you can help by purchasing a NED-messaged yo-yo.

TIME: 8.30-8.45am SALE DATES: 25th July- 31st July

ADDITIONAL DETAILS: In the breezeway between 5/6 and main building



Yo-yo designs and colors may vary.

Make cheques payable to our school. Prices include tax (where applicable).

#### STUDENT ORDER FORM:

AU\$14 CLASSIC YOS Learn the basics of yo-yoing



with assorted fixed axel yo-yos

SUPER SPINNERS

AU\$16 Great for basic and intermediate tricks.

With a strong throw, these auto-return yo-yos sleep at the end of the string & then come





SPECIALTY SELECTION

AU\$22 Assorted professional long spin yo-you



REPLACEMENT STRING PACK Ten assorted strings to change color or replace

a wom out yo-yo string.



YO-YO HOLSTER

Keep track of your yo and have it ready to g Attach it to your belt loop or backpack (yo-yo not included).

ITEM

Holster

String Pack

Classic Yo

Super Spinner



PRICE

AU\$6 AU\$12

AU\$14

AU\$16

AU\$22

AU\$12

SUBTOTAL

Name: Teacher: .

For more yo-yo fun and to learn tricks, check out: NEDkids.com



Yo-yo designs and colors may vary. Make cheques payable to our school. Prices include tax (where applicable).

Specialty Yo TOTAL DUE

Copper - Margar on MM As All for MIDT	has a Driver officering for 2007 24 Sahard Van a consultablED down and	

MM-AU-IP-PIF-SH



### JOIN THE CELEBRATION OF ALL THINGS

# Faith & Family

LOVING CREATOR GOD
BE WITH US AS WE LISTEN DEEPLY
BE WITH US AS WE BATTLE
WITH OUR OWN FEAR
BE WITH US AS WE FEEL
THE DISCOMFORT WITHIN
OURSELVES
GIVE US THE COURAGE
TO LET GO OF FEAR,
TO REACH OUT AND
TO FINALLY FEEL THE BEAT OF
OUR COLLECTIVE AUSTRALIAN
HEART.

AMEN

IMPORTANT TERM 3 FAITH DATES:

SUNDAY 23RD JULY SACRAMENT OF EUCHARIST COMMITMENT
MASS - 11AM

THURSDAY 3RD AUGUST SACRAMENT OF EUCHARIST PREPARATION
EVENING - 6.30 -7.30PM

WEDNESDAY 16TH AUGUST OR
WEDNESDAY 23RD AUGUST SACRAMENT OF EUCHARIST CANDIDATE
PREPARATION - SCHOOL HOURS

SUNDAY 20TH AUGUST OR SUNDAY 27TH AUGUST -SACRAMENT OF EUCHARIST MASS

WONDERING:

"OUR LIFE IS MADE
UP OF TIME,
AND TIME IS A
GIFT FROM GOD,
SO IT IS IMPORTANT
THAT IT BE USED IN
GOOD AND FRUITFUL
ACTIONS."

POPE FRANCIS

GOSPEL REFLECTION
MATTHEW 11: 25 -30 - COME TO ME

ST AMBROSE PARISH NEWSLETTER

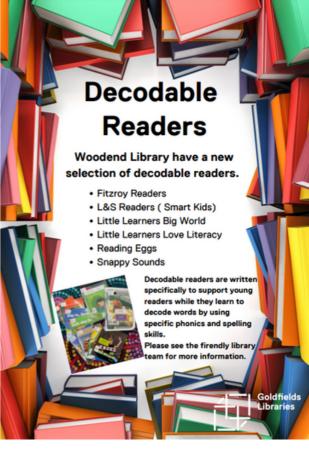


For all Faith & Family related matters, please email: nicole.sherlockbyrne@sawoodend.catholic.edu.au

Faith & Family 14

# **COMMUNITY NEWS**







Learn. Care.



15

### **Enrolments Closing Soon.**

Enrolments for Year 7 2025 close on 28 July 2023 (students currently in Grade 5).

Contact the Registrar for enrolment enquiries or download our enrolment application form via the website.

T: 5421 1200 W: www.shckyneton.catholic.edu.au E: dlawrence@shckyneton.catholic.edu.au

SACRED HEART COLLEGE KYNETON

# COMMUNITY NEWS

#### Dear Year 5 Parents, Carers and Guardians

The partnership between parish primary schools and local Catholic secondary schools such as Sacred Heart College is an important one. We share the same foundations in faith and recognise parents as first educators of children.

I am writing today as you make the fundamentally important decision of which secondary school is right for your daughter or son. I am aware that there are local independent schools that are asking for early enrolment commitments to guarantee places at Year 7. Given that, it is important to note that the criteria for enrolment at Sacred Heart College (and all Catholic secondary schools in the Melbourne Archdiocese) gives priority to students who are enrolled in a parish primary school. Students who have received the sacraments have a higher priority but we expect all students who submit an enrolment application by the closing date (Friday 28 July) and are enrolled at a parish primary school will be offered a enrolment place for Year 7 2025.

If you have any questions on this, please contact Mrs Denise Lawrence (Sacred Heart College Registrar) on 54211200 or <a href="mailto:dlawrence@shckyneton.catholic.edu.au">dlawrence@shckyneton.catholic.edu.au</a>.

# Sacred Heart College Kyneton

Learn. Care. Flourish.

# Moving Teens from Anxiety to Resilience

Members of the local community are invited to attend this event.

#### Guest Speaker: Dr Jodi Richardson

As parents we play the most important role in helping our children when they experience mental health challenges, including anxiety. Whether they experience the everyday variety of anxiety that comes with being human, or anxiety that gets in the way of school and life - there are skills and strategies we can teach our children to not only help them cope, but thrive. Now, and over their lifetime. Anxiety is common, treatable and there's so much we can do as a parents to help. In this relatable and engaging presentation parents learn:

- What is anxiety
- How to identify anxiety and teach your child to recognise it
- How to know when anxiety is getting out of hand
- How behaviour patterns develop and lead to avoidance
- What anxious and/or distressed children need most from their parents
- Practical strategies to dial anxiety symptoms down

When: Tuesday 1 August Time: 7:00 pm - 8:30 pm
Where: Mary Moloney Theatre Sacred Heart College, Kyneton

Tickets: This is a free event but seats must be booked via: www.trybooking.com/CETGQ

A Ministry of Mercy Education Limited - ABN 69 154 531 870





SEMPER FIDELIS

KYNETON

Community News 16