

Term Three, Newsletter 16  
Friday 21st July, 2023

School closed  
on Friday 28th  
July.

# St Ambrose Parish School

*Our Vision: Centred by Faith, In Partnership with Community, We Provide Excellence in Learning.*



We acknowledge the traditional owners and custodians of this land.

We pay our respect to elders past, present, and future.

They hold the story, hope, and dream for all. We affirm the wisdom of this ancient culture.

It reminds us that God's Word is part of the whole of creation.  
ony.

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Friday 21 July 2023	Prep family celebration – McDougall Playhouse Sunbury (5-7pm)
Monday 24 July 2023	The Ned Show – whole school incursion
Tuesday 25 July 2023	Swimming lessons – Prep K 12.30pm, 1/2WL 1.15pm & 5/6M 2.00pm Swimming lessons – Prep K 12.30pm, 1/2WL 1.15pm & 5/6M 2.00pm Parent Teacher Discussions 3.45-5.45pm
Wednesday 26 July 2023	Canteen re-opens Swimming lessons – Prep K 12.30pm, 1/2WL 1.15pm & 5/6M 2.00pm Wonders of Living Parent & Child Information Session online 6.30pm
Thursday 27 July 2023	Grade 3/4 excursion to the Bendigo Art Gallery
Friday 28 July 2023	Student free day – SIF for review
Sunday 30 July 2023	Sacrament of Eucharist Commitment Mass 11am
Monday 31 July 2023	Swimming lessons – Prep K 12.30pm, 1/2WL 1.15pm & 5/6M 2.00pm
Tuesday 1 August 2023	Swimming lessons – Prep K 12.30pm, 1/2WL 1.15pm & 5/6M 2.00pm Cobaw Basketball
Thursday 3 August 2023	Eucharist Preparation Evening with Denise Arnel 6.30pm
Friday 4 August 2023	100 days of school Prep celebration
Monday 7 August 2023	Swimming lessons – 3/4O 12.30pm, 3/4M 1.15pm, 5/6P & 5/6T 2.00pm
Tuesday 8 August 2023	Swimming lessons – 3/4O 12.30pm, 3/4M 1.15pm, 5/6P & 5/6T 2.00pm
Wednesday 9 August 2023	Swimming lessons – 3/4O 12.30pm, 3/4M 1.15pm, 5/6P & 5/6T 2.00pm
Thursday 10 August 2023	Cobaw District Athletics Bendigo
Monday 14 August 2023	Swimming lessons – 3/4O 12.30pm, 3/4M 1.15pm, 5/6P & 5/6T 2.00pm
Tuesday 15 August 2023	Swimming lessons – 3/4O 12.30pm, 3/4M 1.15pm, 5/6P & 5/6T 2.00pm
Wednesday 16 August 2023	Sacrament of Eucharist Candidate Preparation
Sunday 20 August 2023	Sacrament of Eucharist Mass 11am
Tuesday 22 August 2023	SSV Futsal Gala
Wednesday 23 August 2023	Sacrament of Eucharist Candidate Preparation
Sunday 27 August 2023	Sacrament of Eucharist Mass 11am
Monday 28 August 2023	Book Week Parade 9am
Tuesday 29 August 2023	Fathers' Day Celebrations (2.00pm) Footy Colours Day
Friday 1 September 2023	SSV Futsal Competition
Sunday 3 September 2023	Fathers' Day
Monday 4 September 2023	Production Rehearsal at Sacred Heart College Theatre
Tuesday 5 September 2023	Production Matinee 12pm
Wednesday 6 September 2023	School Production Evening Show 6pm
Thursday 7 September 2023	School Production Evening Show 6pm
Tuesday 12 September 2023	School Advisory Council meeting 5.30pm Parents & Friends meeting 7pm
Friday 15 September 2023	End of Term 3 Students dismissed at 2.30pm
Term 3 School Holidays – Saturday 16 September – Sunday 1 October 2023	
Monday 2 October	Student free day – Writing Moderation & Report Writing

Re-opens this  
Wednesday  
July 26th





# Message from the Principal

Dear families, parishioners, and friends,

This week we used our beautiful and well-appointed new creative space to showcase the unique pieces created by your talented children under the supporting eye of Clare Shannon our visual arts teacher.

We hope that you enjoyed the work.

On Monday Mrs. Byrne and I visited Sacred Heart College to look over the theatre facility which SHC is generously allowing us to use for our school production, Safari. The momentum and excitement is building as we are getting closer to our performance dates! The children are talking excitedly about their costumes and parts. Make sure you have the dates noted in your calendars and make contact with Mrs. Byrne if you have any wonderings.

Our teachers supported by their ESO are emersed in our core purpose of teaching and learning. Term overviews have been sent out which give families details of what is being taught in each specific year. Please take time to read these as they are very informative and assist with dates, and events, and support your child's learning. Another great place to visit is your child's Seesaw posts. This is a 'live' up-to-date tool that each year level is using which shows you samples of your child's work.

Teachers are enjoying meeting with you for your parent-teacher meetings. We hope that you are finding them informative and know that you can always make time to meet with teachers at any point over the year if you feel the need to. It is great to see families viewing the art expo while waiting for their meetings.

As we continue to enjoy some winter sun, I hope that you have a pleasant weekend. May your interactions with your children be positive and engaging so that you can see the fine young people that your children are, just as we do.

**This is a reminder that Friday, July 28th is a pupil-free day. Our staff will be working with MACS staff to evaluate our progress with our school improvement goals as part of the four-yearly review process.**

Our next newsletter will go out on 4th August

**School closed on Friday 28th**

Dear Jesus,

We are wired to create, to dream and design, to innovate and invent, to discover, to lead with new ideas, to set the trends and even blaze a new path. May we, through our artistic expressions, creatively communicate your heart of love, mercy, and grace to a world that needs you.

Amen



## Naplan Results

Our year 5 students' families will have received their Naplan results today. Year 3 students' results will be sent home on Monday. We congratulate our students who overall performed strongly across the areas assessed via this platform.

Our results indicated that we are:

- above the state average in Yr. 3 reading, conventions of language & numeracy.
- at the higher end of the State average for reading and numeracy in Yr. 5 and above average for Language Conventions.

We are yet to hear what the national average is.

We will examine our results thoroughly in the coming weeks which will inform our planning.

You can click on the link below to read about the revised Naplan platform:

[Herald Sun - CLEARER TEST WILL IDENTIFY STUDENTS WHO NEED HELP](#)

## Wellbeing for Learning



Most of our teaching staff have completed the Berry St training. The Berry Street Education Model (BSEM) equips schools with practical, classroom-based strategies to increase the engagement of all students, including those with complex, unmet learning needs. Our teachers start each day with circle time, a positive primer, and prayer which builds connectedness and sets the tone for the day.

This education model enables schools to support students' self-regulation, relationships, and well-being to increase student engagement and significantly improve academic achievement.

Click below to read more about the model.

[BERRY STREET MODEL](#)



## Child Safe Standards

St Ambrose School complies with the eleven child safe standards set by Ministerial Order no 1359. Click on the link below for a summary of these standards and how we meet them.

[How St Ambrose meets the child safe standards.](#)



## Garden Club : THANK YOU Meagan!



After several years of running our garden club Meagan Stewart now needs time to devote to other aspects of her life. We sincerely thank Meagan for the inspiration she has ignited in our students through her passion and creative experiences offered while she ran this much loved program. Meagan has been supported by a team of helpful parents who will continue to do this however we are **calling for a volunteer or volunteers who would like to co-ordinate garden club.** Please email me if you are keen. You will be given all the support you will need!





## St Ambrose School Information Evening

On Wednesday evening Mrs. Geisler and I facilitated an information session for those who may be interested in enrolling their child at our school.

Mike Boudrie attended as a parent and member of our SAC. Our aim is to support prospective families to make an informed choice when considering their options before making the very important decision of where to send their child to school. We are starting to plan for next year so if you know anyone who may be interested in sending their child to St. Ambrose please tell them to make contact with our office. We thank Mike for making the time to attend this meeting.

## Learning Culture at St Ambrose

The Horizons of Hope vision for learners in Catholic schools outlined below inspires the culture we create through our relationships at our school.

- We believe that everyone in our school community is a learner.
- We believe that learning best happens when we have trusting relationships.
- We believe that a culture that is inclusive and respectful creates the best learning environment.



## Learning Brings Hope - All Learners who...

**Honour the sacred dignity of each person,** believing that everyone can experience success and be supported to see their lives as being shaped by the God who is at work in all of creation

**Embrace difference and diversity** as the context for dialogue, engagement and a deeper understanding of self, others and God

**Commit to achieving the highest standards possible** based on reflective practice, using data, research and evidence to ensure progress and growth in learning

**Engage with the deep questions of life,** constantly opening up spaces of meaning which engage Catholic faith with what matters most in the minds and hearts of the students



**Build a culture of learning together** through collaboration, partnerships and life-giving relationships which enable all to flourish

**Make a difference in the world,** inspired by the Gospel and led by the Holy Spirit to grow in virtue and act for justice and the common good.

**Honour equitable access and opportunity for all,** with a particular commitment to those most in need

**Search for truth,** continuously critiquing, questioning, inquiring, imagining and re-imagining themselves and their world in an ongoing engagement with Catholic beliefs and practices



## Student Initiatives

### Pom Pom Club



It is great to see our young students using their initiative as well as having the confidence to organise and facilitate hobby options. Pictured above are our keen students showing others how to make pom poms. If you have any old balls of wool that you would like to donate to this cause they will be gratefully accepted. Just drop them off at the office. Thank you.

## Book Week Parade

### Save the date!

This year we will be having our book week parade on **Monday, August 28th at 9.00 am** on the hardcourts.

(weather permitting) We invite families to stay and enjoy this popular and colourful event. We encourage our students to be resourceful and create their costume with items they already have.

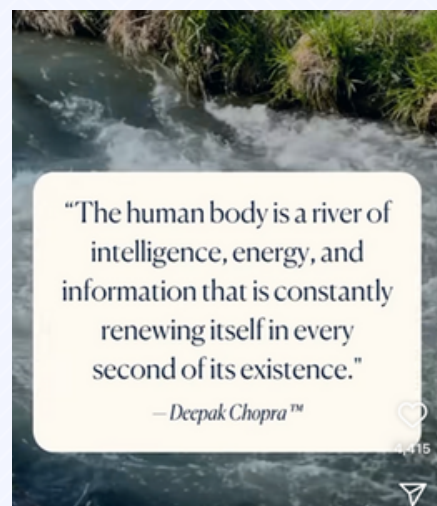
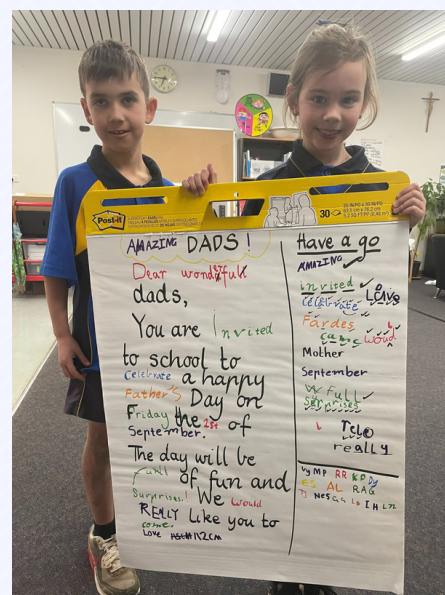


## Father's Day Celebration

### Come dressed in your FOOTY COLOURS!

**Tuesday 29th August at 2.00 pm**

Please add the above date to your calendar if you would like to attend our Father's and/or significant person's celebration. We will begin by hosting afternoon tea in the hall which will be followed by a special prayer and games in the classroom with your children.



**Bronwyn Phillips**  
Principal

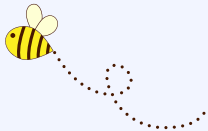




Student Awards

- Prep K Scarlett AG for amazing work sounding out words in her writing.
- Prep K Sailor C for writing her name on her work with beautiful handwriting and correct letter formation.
- Prep K Skylar C for wonderful work sounding out words in her reading. Keep it up!
- 1/2CM Alice L for her beautiful handwriting! Excellent.
- 1/2CM Charlie P for trying so hard in everything he does.
- 1/2R Jacques B for showing resilience in school situations.
- 1/2R Myles L for always treating others with respect.
- 3/4M Oliver S for reflecting on his own writing to make it even better.
- 3/4M Emrys G for sharing his knowledge in a kind manner.
- 3/4O Jackson G-S for showing all of our positive behaviours when taking care of our yard.
- 3/4O Joseph O for beginning his term with a responsible and resilient attitude.
- 5/6M Catalina S for her knowledge of factors and multiples - Fantastic!
- 5/6M Alexandra M for always being prepared to share her knowledge and writing with our class.
- 5/6P Isla W for being a kind and caring classmate.
- 5/6P Audrey C for being a responsible class member.

PBL Bronze Award - 20 Bee Gotcha Tickets  
Bill R, Toby C, James B & Leo W



SSV Soccer

On Thursday the 13th I went to a SSV (School Sports Victoria) soccer trial at the Darebin Sports Centre. Already making it to the state trial, I sadly did not make the cut. I received an email that night saying that I was unsuccessful in making it to the next trial. There were about 60 girls at the trial, who were mostly in grade 6. And after the trial they would be cutting it down to only 40 girls. Making it this far was a big achievement for me and I am hoping to trial again next year and go one further by representing Victoria.



BY AVA 5/6M



24 June	Ethan C
27 June	Caellan B
27 June	James K
27 June	Aidan S
28 June	Tora C
10 July	Hamish F
16 July	Elise M
17 July	Mollie H



# SCHOOL EVENTS



*It's  
tonight!*

Come One, Come All

STEP RIGHT UP & JOIN THE FUN!

## Prep families mid-year celebration

FRI JULY 21ST 5.30-7.30PM  
MCDOUGALL PLAY HOUSE CAFE  
12 MCDOUGALL RD, SUNBURY

RSVP TO KRISTY ASAP 0402 436 159  
WHOLE FAMILY INVITED - LET ME KNOW #'S IN RSVP  
\$30 PER FAMILY - ENTRY WHOLE FAMILY & KIDS SNACKS







## 5/6M News!



Dear Families,

Welcome back to the start of Term 3. We hope that you have had an enjoyable and restful break with your families. Once again it promises to be another busy term both in and out of the classroom. The students have all settled well into their classes and we are really looking forward to our learning journey together in Semester 2.

We have wasted no time starting our learning journey. Our Inquiry Unit this Term is a Science Unit called 'Journey to Discover!' We will learn about light refraction, electrical circuits, states of matter, and the scale of the solar system through hands-on experiments and experiences. We will build a thermoscope, a paper circuit and a balloon-powered rocket. We will work towards creating a presentation and a quiz to highlight the wondrous facts that they have learnt during the unit.



Lots of learning has already been happening during maths. Our major focus so far this term has been Factors and Multiples. My mathematicians have already shown excellent progress in this short time and are ready to tackle multiplication and division!

During writing, we have been learning about the genre 'Narrative Text.' We have been exploring text structure and language features including adjectives, Nouns, past tense verbs, adverbs, onomatopoeia, saying verbs and direct speech.. Next week we begin looking at 'Orientation Phase?' Stay tuned families, hopefully, you will see some of this learning through the newsletter articles my people write throughout the Semester!

Our provocation for Religion is 'Who is Jesus?' We will explore who Jesus is and how He portrays himself in the Bible. We will investigate and reflect on the 3 of the 'I am .....' statements found in John's gospel. Students will identify and reflect on how the words of Jesus help them to understand how they can know Him.

Finally, yesterday our senior area had the privilege of working with award-winning novelist and educator Ingrid Laguna. The workshop was centred around the orientation of a narrative (setting the scene and characterisation).

Take care and stay safe,  
Brenda McDonald

### 5/6 Author Incursion

Yesterday we had an author come in and talk to us about writing. Ingrid Laguna has written 5 books and is working on two more. She taught us about writing techniques, character development and setting the scene. We did a writing activity that for your first draft you have to let the words flow onto the page. She taught us to describe the characters feelings not just tell them. She also taught us to take on feedback as a positive and to edit thoroughly.

By Emmy 5/6M and Isla 5/6P





# AROUND THE SCHOOL







## FIXED VERSUS GROWTH MINDSETS

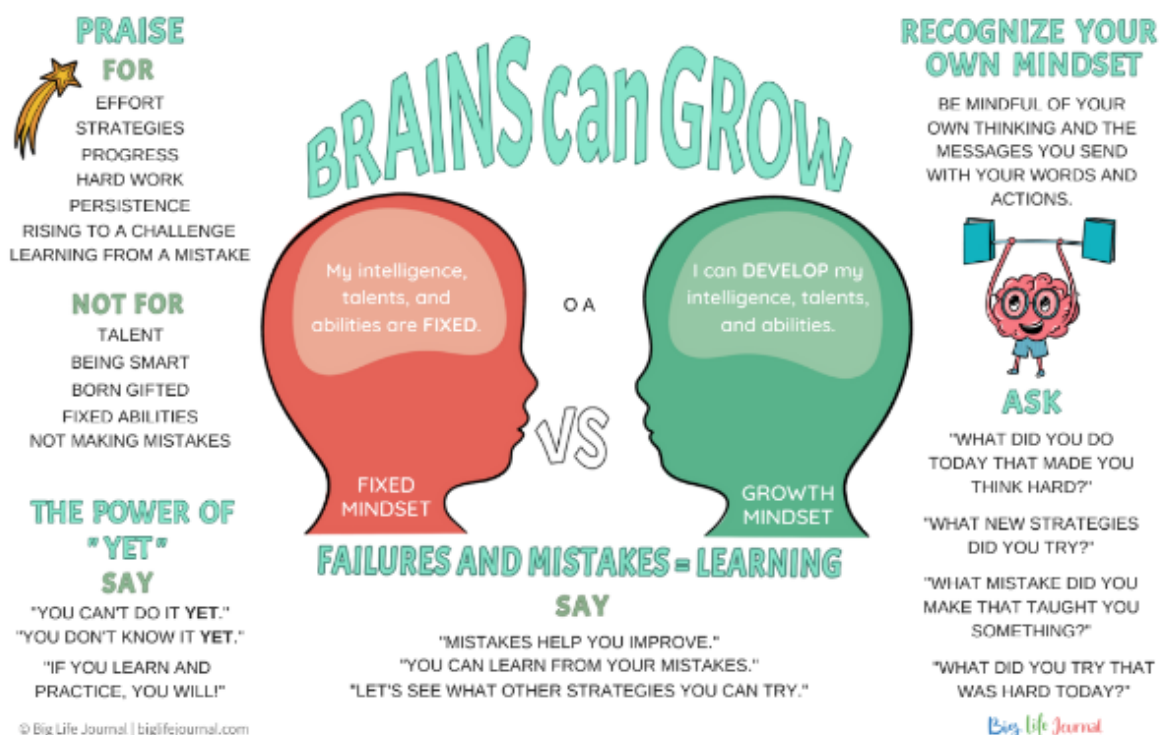
Utilising the Berry St education curriculum, in Grades 5 & 6, we have been exploring the difference between a fixed and a growth mindset and how these may impact us in our learning. The students are beginning to create their own ideas of what a growth mindset may look and sound like. I have been impressed by how many of them reminded me “mistakes help us learn”.

Over the next few weeks the students will be exploring what areas of their learning they may want to improve and what growth mindsets could support them in that.

Below is a guide to growth mindsets for parents. Some ideas of language to use at home in support of your child's learning.

## PARENT'S GUIDE TO A GROWTH MINDSET

*Your brain is like a muscle. When you learn, your brain grows.  
The feeling of it being hard is the feeling of your brain growing!*







# Mental Health & Wellbeing at St Ambrose

Erin Brass

Hi, I'm NED!



## Hello families!

NED's Mindset Mission is a positive behaviour assembly visiting our school!  
A world-class performer takes our students on a 45-minute journey filled with storytelling, illusions, yo-yo tricks and humour.

NED's message and memorable friends inspire students, promote academic achievement, and support our school goals. NED will become a positive role model at both school and at home.

**N**ever give up **E**ncourage others **D**o your best®

A yo-yo is both a mindset tool and tangible reminder of NED's message. While learning to yo, children will make mistakes, try again, & improve. Read more at [www.MindsetMission.com/yo-yos](http://www.MindsetMission.com/yo-yos).

## Our school yo-yo sale

Our school received this assembly at no-cost because another school paid-it-forward to us. We want to help pay-it-forward too, and you can help by purchasing a NED-messaged yo-yo.

**SALE DATES:** 25th July- 31st July **TIME:** 8.30-8.45am

**ADDITIONAL DETAILS:** In the breezeway between 5/6 and main building



Yo-yo designs and colors may vary.

Make cheques payable to our school. Prices include tax (where applicable).

## STUDENT ORDER FORM:

### CLASSIC YOS

AU\$14

Learn the basics of yo-yoing with assorted fixed axle yo-yos.



### SUPER SPINNERS

AU\$16

Great for basic and intermediate tricks. With a strong throw, these auto-return yo-yos 'sleep' at the end of the string & then come back to you automatically.



### SPECIALTY SELECTION

AU\$22

Assorted professional long spin yo-yos for next level tricks!



### REPLACEMENT STRING PACK

Ten assorted strings to change color or replace a worn out yo-yo string.



AU\$6

### YO-YO HOLSTER

Keep track of your yo and have it ready to go. Attach it to your belt loop or backpack (yo-yo not included).



AU\$12

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

For more yo-yo fun and to learn tricks, check out:  
**NEDkids.com**



Yo-yo designs and colors may vary.  
Make cheques payable to our school.  
Prices include tax (where applicable).

ITEM	PRICE	QTY.	SUBTOTAL
String Pack	AU\$6		
Holster	AU\$12		
Classic Yo	AU\$14		
Super Spinner	AU\$16		
Specialty Yo	AU\$22		
<b>TOTAL DUE</b>			



JOIN THE CELEBRATION OF ALL THINGS

# Faith & Family

LOVING CREATOR  
OPEN OUR EYES AND EARS TO THE PRESENCE OF YOUR HOLY SPIRIT.  
MAY THE SEEDS OF YOUR WORD SCATTERED AMONG US THIS MORNING  
FALL ON FERTILE SOIL.  
MAY THEY TAKE ROOT IN OUR HEARTS AND LIVES,  
AND PRODUCE AN ABUNDANT HARVEST  
OF GOOD WORDS AND DEEDS.  
WE MAKE THIS PRAYER THROUGH CHRIST OUR LORD.  
AMEN

## IMPORTANT TERM 3 FAITH DATES:

- SUNDAY 30TH JULY - SACRAMENT OF EUCHARIST COMMITMENT MASS - 11AM
- THURSDAY 3RD AUGUST - SACRAMENT OF EUCHARIST PREPARATION EVENING - 6.30 - 7.30PM
- WEDNESDAY 16TH AUGUST OR WEDNESDAY 23RD AUGUST - SACRAMENT OF EUCHARIST CANDIDATE PREPARATION - 11.45 - 12.45PM
- SUNDAY 20TH AUGUST OR SUNDAY 27TH AUGUST - SACRAMENT OF EUCHARIST MASS - 11AM

## WONDERING:

"THE LIFE OF JESUS IS A LIFE FOR  
OTHERS. IT IS A LIFE OF SERVICE"  
— POPE FRANCIS



ST AMBROSE PARISH NEWSLETTER



GOSPEL REFLECTION  
SOWING GENEROUSLY (MATTHEW  
13:1-23)

For all Faith & Family related matters, please email: [nicole.sherlockbyrne@sawoodend.catholic.edu.au](mailto:nicole.sherlockbyrne@sawoodend.catholic.edu.au)



# COMMUNITY NEWS



## CREATIVE YOGA

Join Sarah at the Woodend Neighbourhood House for a shared hour of creative yoga. This four week course will combine fun, dancing between activity and rest, for primary school aged children and their carers.

Wednesday 2 - 23 August • 6pm - 7pm • \$30 per parent/carer and child  
Bookings essential via [woodendnh.org.au](http://woodendnh.org.au) or in person at the House



Everybody Welcome!



## WOODEND COMMUNITY FOOD BANK

Monday & Thursday\*  
12.30pm - 2.30pm

The Undercroft at the Woodend Neighbourhood House  
(access through the gates next to the Skate Park)



\* Free Soup on Thursdays!



## AUGUST COMMUNITY LUNCH

TUES 8TH AUGUST 2023  
• 12 NOON •

BOOKINGS ARE ESSENTIAL  
CALL 5427 1845 OR ONLINE [WOODENDNH.ORG.AU](http://WOODENDNH.ORG.AU)

# COMMUNITY NEWS



Learn. Care.

*flourish*



## Enrolments Closing Soon.

Enrolments for Year 7 2025 close on  
28 July 2023 (students currently in Grade 5).

Contact the Registrar for enrolment enquiries  
or download our enrolment application form  
via the website.

**SACRED HEART COLLEGE KYNETON**

A Ministry of Mercy Education Limited - ABN 69 154 531 870

T: 5421 1200 W: [www.shckyneton.catholic.edu.au](http://www.shckyneton.catholic.edu.au)  
E: [dlawrence@shckyneton.catholic.edu.au](mailto:dlawrence@shckyneton.catholic.edu.au)

## Sacred Heart College Kyneton

Learn. Care. Flourish.

### *Moving Teens from Anxiety to Resilience*

*Members of the local community are invited to attend this event.*

#### **Guest Speaker: Dr Jodi Richardson**

As parents we play the most important role in helping our children when they experience mental health challenges, including anxiety. Whether they experience the everyday variety of anxiety that comes with being human, or anxiety that gets in the way of school and life - there are skills and strategies we can teach our children to not only help them cope, but thrive. Now, and over their lifetime. Anxiety is common, treatable and there's so much we can do as a parents to help. In this relatable and engaging presentation parents learn:

- What is anxiety
- How to identify anxiety and teach your child to recognise it
- How to know when anxiety is getting out of hand
- How behaviour patterns develop and lead to avoidance
- What anxious and/or distressed children need most from their parents
- Practical strategies to dial anxiety symptoms down



**When:** Tuesday 1 August

**Time:** 7:00 pm - 8:30 pm

**Where:** Mary Moloney Theatre Sacred Heart College, Kyneton

**Tickets:** This is a free event but seats must be booked via: [www.trybooking.com/CETGQ](http://www.trybooking.com/CETGQ)

A Ministry of Mercy Education Limited - ABN 69 154 531 870



Use QR code  
to book

