



Term Three, Newsletter 22
Friday 15th September, 2023

St Ambrose Parish School

Our Vision: Centred by Faith, In Partnership with Community, We Provide Excellence in Learning.



We acknowledge the traditional owners and custodians of this land.

We pay our respect to elders past, present, and future. They hold the story, hope, and dream for all.



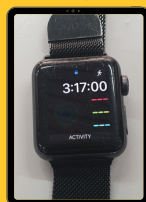
Message from the Principal: Pg 2
School News: Pg 3
Student Awards: Pg 4
Term 4 Dates: Pg 5
Around the School: Pg 6
Mental Health & Wellbeing: Pg 7
Faith & Family: Pg 8
Medical Management: Pg 9
Community News: Pg 10-11

Friday 15 September 2023	End of Term 3 Students dismissed at 2.30pm
Term 3 School Holidays – Saturday 16 September – Sunday 1 October 2023	
Monday 2 October 2023	Student free day – Writing Moderation & Report Writing
Tuesday 3 October 2023	School Nurse to visit Prep students
Wednesday 4 October 2023	School Nurse to visit Prep students Canteen closed
Monday 9 October 2023	Regional Athletics Bendigo Assembly 2.45pm
Tuesday 10 October 2023	SHC Junior Chef Competition 10-12pm
Wednesday 11 October 2023	Canteen closed

Assemblies

Our next assembly is on Monday, October 9th at 2.45 pm

Is this yours?



Lord, when my heart is overwhelmed, overwhelm me with Your peace. Lead me to You, my rock. Guide me to Your Word which gives me strength and refuge. Help me not to run to lesser things. Draw me to run to You first. Help me get into the habit of taking my "overwhelmed" and placing it under your will.

Message from the Principal

Dear families, parishioners, and friends,

This term has seen students from across our school participate in a wide variety of curricular and extra-curricular activities, through which they have demonstrated outstanding levels of engagement, creativity and resilience. Below is a list of just some of the learning initiatives undertaken, all of which would not have been possible without the generous support of parents, families and school staff:

- Reading Buddies
- Students have made progress moving along our writing 'Bump it up Wall'
- School Review
- Student Leadership and Initiatives
- Furnishing and planning for our outdoor spaces
- Performing Arts production Safari
- Inter-school & district athletics
- Soccer clinics
- Futsal (Thank you, Tim Spencer)
- Book Week
- Ukulele Club
- Flora water colour painting
- Auslan songs
- Building the momentum in the PFA Fair Planning
- SAC working with leadership to begin to establish a clear parent volunteer policy and process
- Father's and Special Person's Celebrations
- Swimming program
- Music performances

I would like to take this opportunity to personally thank all students, parents, families, and staff members who have supported the ongoing work of our leadership and teaching teams this term. Our school community continually shows great energy for learning and care for each other, with school pride regularly celebrated in a range of authentic contexts. We aim to build on this and tap into the skills and enthusiasm of our families as we plan to launch our parent engagement and support through volunteering

In term 4 we will welcome Mrs Karen White back to replace Mr. Portelli who is taking four weeks LSL in term four.

Throughout this term, staff will continue to be involved in a range of data analysis and improvement planning processes that focus on the needs of individual learners, and I encourage all parents and families to continue to work with us as key partners in the education of our students.

Following our school review, we will also be focusing on refining our focus for our next four-year strategic plan.

As they say, it takes a village to raise a child, and together we can continue to achieve great things at this great school!

I know the coming days will be difficult as we say goodbye to much-loved community members who have passed so suddenly. Our close community has been deeply impacted and we continue to keep in our prayers all of our families who are grieving.

I wish all our community members a restful break and look forward to welcoming students and staff back on Tuesday, October 3rd for the commencement of the final term for 2023.



For those of you who are asking how to support the Randle-Hewitt family, please click on this link - <https://gofund.me/d9599bac>

Canteen Thanks



Our sincere thanks to our amazing canteen team who always welcome additional helpers! You have done a sensational job providing delicious lunch options this term.

Farewell Jacob



Our students enjoyed Jacob's student's performances at assembly on Monday along with Jacob sharing some of his heavy metal skills!

We wish Jacob great happiness in his new life.

PFA THANKYOU

We sincerely thank our PFA for providing the staff with a warm cuppa from Fox in the Chamber today with morning tea. This was greatly appreciated! We also thank Micah's mum Kate for the stunning daffodils which have brightened up our rooms!



PFA Fete Committee

Saturday the 16th of March 2024

is the date for the St. Ambrose School Fete!

Add this date to your calendar!

We'd love to receive some more early support on the committee so that we can divide and conquer and make this a fun and successful event for the whole School and Parish community.



If you would like to be part of the planning please contact us.

We would love to hear from you!

Sophie, Amanda & The PFA Fair Committee

Save the date: 7th December 5.30 - 7.30 Christmas Carols on the oval.

Garden-Based Learning



We have some volunteers who will do some weeding in our garden over the holiday period. We are in the process of planning a garden-based learning program which will begin in term 1 2024. In the meantime, if you would like to help maintain this area throughout term 4 can you let me know. Thank you.

Junior Chef



Sacred Heart College is again hosting the Junior Chef competition this year. Our year four students are all invited to apply for a place on our team. We will keep you posted!

School Advisory Council

Our school advisory council met on Wednesday morning to discuss matters pertaining to the running of the school. We had a lengthy discussion about creating a structure to enable all families to contribute to the school in some way. With support from all of our families, we will be able to sustain our many and varied initiatives that make our school a vibrant learning community (canteen, garden, sporting events help, classroom help to name a few).

Details will follow next term.

Recharge during your term break

After this very busy term, I do hope that you can find some time to relax and enjoy some of the simple things in life before we meet again in October. Take care.

Click on this link for some spiritual nourishment from our

First Nations people:

Mindfulness – Didirri

<https://www.miriamrosefoundation.org.au/dadirri/>

STILLNESS

"Stillness is not about focusing on nothingness; it's about creating an emotional clearing to allow ourselves to feel, think, dream and question."

- Brené Brown



Bronwyn Phillips
Principal



Student Awards

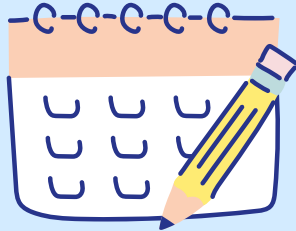


Prep K	Florence H for amazing work in reading. You read beautifully - keep it up!	15 September	Myles L
Prep K	Skylar C for working hard to sound out words that she is reading and writing.		Coby S
1/2CM	Ivy H for being brave and giving the production a go! Awesome.	17 September	Molly M
1/2CM	Lawson N for seeking to challenge himself in maths. Well done!		Poppy O
1/2CM	Lucy S for working so hard on her spelling. Fantastic!	18 September	Tahlia J
1/2CM	Ryder M for your great use of expression when reading!	19 September	Deon S
1/2RO	Ben Y for consistently modelling exceptional learning behaviour.	22 September	Augie L
1/2R	Olive S for being kind and respectful to everyone around her.	23 September	Joseph M
1/2R	Deon S for consistently demonstrating respect around our school and community.		Madi Y
1/2WL	Matilda C for a great effort finishing her writing about the weather.	24 September	James B
1/2WL	Remy B for a great effort with singing and dancing in Safari.	26 September	Toby C
1/2WL	Peaches K for completing her story about the weather.	28 September	Mia W
1/2WL	Grace H for listening well and contributing to class discussions.	29 September	Felicity F
1/2WL	George L for working independently in maths and for sharing his learning about multiplication.	1 October	Ryan K
1/2WL	Reuben T for a super effort with our song and dance for Safari.		John P
1/2WL	Alice C for great effort with our school production.		Caleb S
1/2WL	Felicity F for great maths work with halving and doubling.		
3/4L	Issy M for completing a fantastic story about the First Fleet.		
3/4L	Oli J for sharing his fantastic writing with the class.		
3/4O	Alice C for being resilient and continuing to persevere with writing.		
3/4O	Elliot D for being persistent in his writing.		
3/4O	Orlando B for consistently showing the Positive Behaviours for Learning.		
5/6M	Ethan W for his dedication to completing all class and homework tasks.		
5/6M	Charlotte N for always being a responsible class member who always tries her best in everything she does.		
5/6P	Aidan S for his artistic interpretation for Jesus, "I am the light of the world".		
5/6P	Arlia M for her efforts in Maths particularly in division.		
5/6T	Ayden H for greatly improved effort and behaviour in class.		
5/6T	Indie R-H for exceptional effort with learning and production.		

PBL Bronze Certificate - Ruby W, Ben C, Eva P, Darcy C, Indie R-H, Cameron P, Dash B, Sid M.

PBL Silver Certificate - Gwen G, Neve E-S, Tess J, Rose A, Deon S, Henry B, Ben Y, Ivy H, Emily S.

PBL Gold Certificate - Neve E-S



TERM 4 DATES

Friday 15 September 2023	End of Term 3 Students dismissed at 2.30pm
Term 3 School Holidays – Saturday 16 September – Sunday 1 October 2023	
Monday 2 October 2023	Student free day – Writing Moderation & Report Writing
Tuesday 3 October 2023	School Nurse to visit Prep students
Wednesday 4 October 2023	School Nurse to visit Prep students Canteen closed
Monday 9 October 2023	Regional Athletics Bendigo Assembly 2.45pm
Tuesday 10 October 2023	SHC Junior Chef Competition 10-12pm
Wednesday 11 October 2023	Canteen closed
Monday 23 October 2023	Assembly 2.45pm
Tuesday 24 October 2023	SHC Junior Chef Competition 4-6pm
Wednesday 25 October 2023	School Advisory Council meeting 9.30am
Thursday 2 November 2023	Parents & Friends meeting 2.30pm
Monday 6 November 2023	Student free day – Report writing
Tuesday 7 November 2023	Melbourne Cup Public Holiday
Wednesday 8 November 2023	Prep Orientation Session 1 – 9-10am
Wednesday 15 November 2023	Prep Orientation Session 2 – 9-10am
Thursday 16 November 2023	Grade 5 Leadership Day Grade 6 Transition Day – St Mary's Primary School, Lancefield
Monday 4 December 2023	Braemar College Orientation Day
Tuesday 5 December 2023	Prep Orientation Session 3 – 9-11am Grade 1-6 Going Up Day – 9-11am School Advisory Board meeting 5.30-7pm Parents & Friends meeting 7-8pm
Wednesday 6 December 2023	St Ambrose Day Celebration Incursion Canteen – Special Menu
Thursday 7 December 2023	St Ambrose Feast Day School Picnic & Christmas Carols – 5.30-7.30pm
Tuesday 12 December 2023	Sacred Heart College Orientation Day
Wednesday 13 December 2023	Canteen closed
Thursday 14 December 2023	Grade 6 Graduation Day Out
Friday 15 December 2023	Last day of term Students dismissed 3.30pm
Monday 18 December 2023	Numeracy Testing (by appointment)
Tuesday 19 December 2023	Numeracy Testing (by appointment)

AROUND THE SCHOOL



Jacob's music students performed at our assembly on Monday. Well done everyone! Jacob even performed an impromptu farewell song for all the students. Thank you and all the best for the future Jacob!



Lauren & Brad from the Woodend Community Food Bank called into school Tuesday afternoon to pick up all the food and toiletries that have been donated. Hamish and Emmy our St. Ambrose Social Justice Leaders for 2023 helped load the car up with boxes of items destined to support members of our community in need. Lauren praised our efforts and was very thankful to our school community for their generosity and support. The Woodend Community Food Bank is open Mondays & Thursdays from 12.30pm to 2.30pm, and is located in the 'undercroft' of the Woodend Neighbourhood House. (Access near the Skate Park)







SCHOOL HOLIDAYS




WHILE SCHOOL HOLIDAYS ARE A WELCOME BREAK FROM THE BUSYNESS OF SCHOOL ROUTINES, THERE IS NEVER A BREAK FROM PARENTING.

THE FOLLOWING TIPS WILL HELP YOU HAVE FUN AND CONNECT WITH YOUR KIDS SO YOU CAN MAKE THE MOST OF THE SCHOOL HOLIDAYS:

- 1. PLAN**
Get your kids involved in making a list of activities that they would like to do
Plan for good and bad weather
Schedule downtime and time-out as well as time for one-on-one and family group activities.

- 2. BEST THINGS IN LIFE ARE FREE**
Make sure the list includes plenty of free activities such as picnics, bike rides, trips to the beach, the local library and the great outdoors.

- 3. BOREDOM IS GOOD**
Unstructured time and time away from electronic devices is good for young minds.

- 4. TEACH NEW SKILLS AND SELF-RELIANCE**
Not having the pressure to rush out the door in the morning can allow for kids to develop new skills such as getting their own breakfast and lunch, taking the dog for a walk or going to the shops by themselves.

- 5. ASK FOR HELP**
Don't be afraid to ask for help to share the load. For example, asking friends or family to help care for children or to provide assistance in other ways.

- 6. ACCEPT THAT THINGS MAY NOT ALWAYS GO TO PLAN**
Unforeseen events often teach us and our kids valuable life lessons and may even become the source of family bonding or stories down the track.

- 7. SELF CARE**
Look after yourself and take time out to relax, even if it's half an hour whilst you have a cuppa and read a book. Remember, happy and relaxed parents make for happy children.

- 8. SUPPORT & COMPANY**
Having a support system can be crucial to any parent. It also gives parents the opportunity to interact with other parents whilst giving the kids a bit of play time.


EXCERPT FROM WWW.PARENTLINE.ORG.AU

PARENT LINE 13 22 89: SEVEN DAYS A WEEK, 8AM- MIDNIGHT.

CLICK HERE IF YOUR CHILD NEEDS SUPPORT WITH GRIEF AND LOSS



kids **helpline**





JOIN THE CELEBRATION OF ALL THINGS

Faith & Family

An Unending Love

Written by Rabbi Rami Shapiro

*We are loved by an unending love.
even when we are hidden from ourselves.*

*We are embraced by arms that find us
We are touched by fingers that soothe us
even when we are too proud for soothing.
We are counseled by voices that guide us
even when we are too embittered to hear.*

*We are loved by an unending love.
We are supported by hands that uplift us
even in the midst of a fall.*

*We are urged on by eyes that meet us
even when we are too weak for meeting.*

*We are loved by an unending love.
Embraced, touched, soothed, and
counseled,*

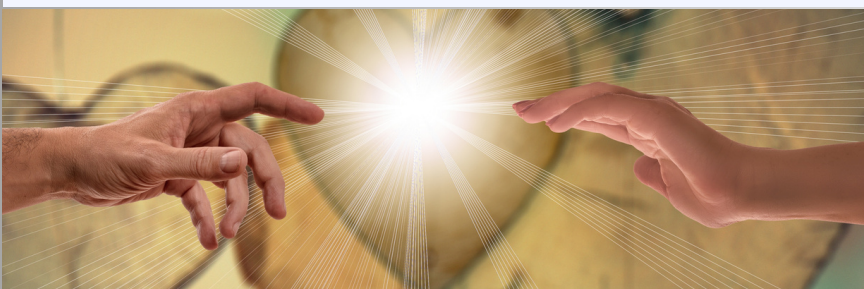
*Ours are the arms, the fingers, the voices;
Ours are the hands, the eyes, the smiles;
We are loved by an unending love.*



A Wondering:

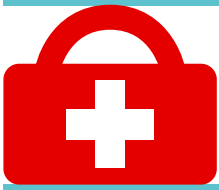
"We are all called upon to bear witness to and to proclaim the message that 'God is love,' that God is not distant from us or insensible to our human affairs. He is close to us, He is always by our side, He walks with us to share our joys and our pains, our hope and our strife."

- Pope Francis



St Ambrose Parish
Newsletter

For all Faith & Family related matters, please email: nicole.sherlockbyrne@sawoodend.catholic.edu.au



MEDICAL MANAGEMENT

FIRST AID CHANGES

From the beginning of term 4 2023, there will be changes in the way we can administer medication at school, and the information we require for students with an identified health care need.

For any student with an identified health, mobility or personal care need, the appropriate **Medical Management Plan** must be completed by the relevant Medical/Health Practitioner. The **Medical Management Plan** Template can be found on our website (link below).

If the student takes medication during school hours for their condition, the **Medication Authority Form** must be completed (as well as the Medical Management Plan) and updated as required by a registered Medical/Health Practitioner and provided to the school by the authorised parent/carer.

The school will complete a **Student Health Support Plan** in conjunction with the parents/carers at a PSG (Parent Support Group meeting) that outlines how the school will support the student's health care needs, based on the documented Medical Management Plan that has been completed and endorsed by the student's treating medical/health practitioner. This form or a condition specific form (e.g. Epilepsy Management Plan, Asthma Management Plan, Diabetes Management Plan) must be completed for each student with an identified health care need. Students with Anaphylaxis must have an Individual Anaphylaxis Management Plan in accord with the Anaphylaxis Policy.

Parents/guardians/carers are responsible for the provision of a Medical Management Plan and, where applicable, a Medication Authority Form, which references the diagnosed medical need and the medication to be administered. The school is responsible for administration of medication in accordance with the medication authority documented in the Medical Management Plan and the Medication Authority Form for the student.

Parents/guardians/carers are responsible for providing medication that is within its expiry date and replacing medication, if necessary, that has expired. Medication that is within its expiry date will be stored safely and securely and in accordance with relevant storage instructions. The quantity of medication stored will not exceed a week of supply, other than in circumstances where a long-term arrangement has been implemented in accordance with the Medical Management Plan and documented student's health care needs.

Thank you for your co-operation with this mandated process which has student safety and their optimal care as the primary concern.

Note: Medication such as aspirin and paracetamol will not be stored (or administered) for first aid purposes as these medications may mask symptoms of serious conditions. Medicine for allergy sufferers will not be administered without the appropriate paperwork.

Supporting documents that can be found on the school's website:

[Medical Management Plan template](#)

[First Aid Policy and Guidelines](#)

[Administration of Medication to Students - Procedures](#)

[Medication Authority Form](#)

[Medical Management Policy](#)

[Student Health Support Plan template](#)

[Anaphylaxis Policy](#)



COMMUNITY NEWS



Junior School Showcase

Thursday 12 October, 4:00pm - 8:00pm

We invite you to experience the amazing project work of our Junior School students:

- Year 7 Portfolios
- Year 8 Make a Difference Projects
- Year 9 Major Projects
- Years 7, 8 & 9 Art & Design Exhibition

Google: Junior School Showcase for more information

SACRED HEART COLLEGE KYNETON

A Ministry of Mercy Education Limited - ABN 69 154 531 870

T: 5421 1200 www.shckyneton.catholic.edu.au





COMMUNITY NEWS

IF ANY PARENTS WOULD LIKE TO TAKE THEIR YEAR SIX STUDENTS TO THIS EVENT,
PLEASE CONTACT THE OFFICE

GISBORNE SECONDARY COLLEGE



On October 16th, our **Year 12 Class of 2023**
will be making their final walk to school. We would love for
your Grade 6 Students to join us in celebration, by applauding
them as they make their way past, we ask all school student to
make their way to Fisher/Brantome Street

Graduation Community walk **October 16th 10.30am**

From John Aitken Reserve
along Aitken Street, Fisher Street & Brantome Street
to
Gisborne Secondary College

