



Term Three, Newsletter 21
Friday 8th September, 2023

St Ambrose Parish School

Our Vision: Centred by Faith, In Partnership with Community, We Provide Excellence in Learning.



We acknowledge the traditional owners and custodians of this land.

We pay our respect to elders past, present, and future. They hold the story, hope, and dream for all.



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God of all comfort, our very present help in trouble,
be near to us,
Comfort us with a sense of your presence;
Grant us strength so that we can be instruments
of your peace:
Where there is hatred, let us sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
St Ambrose pray for us.
Amen.

Monday 11 September 2023	Parents & Friends meeting 9.00am Assembly 2.45pm (Jacob's music students to perform) Division Athletics Bendigo
Wednesday 13 September 2023	School Advisory Council meeting 9.30am
Friday 15 September 2023	End of Term 3 Students dismissed at 2.30pm
Term 3 School Holidays – Saturday 16 September – Sunday 1 October 2023	
Monday 2 October	Student free day – Writing Moderation & Report Writing

Assemblies

Our next assembly will be held in the hall on
Monday 11 September 2023 at 2.45pm
We welcome you to attend!

Sunglasses found at
Wednesday night's
Production.
Please collect from the
office if they are yours.



Message from the Principal

Dear families, parishioners, and friends,

Student voice and agency are essential elements of a student-centered learning environment, where learners are empowered to take ownership of their own education and engage in meaningful and relevant experiences. The process is where the learning occurs so when deciding on a theme and way to enable our student's creativity and points of view Mrs. Byrne collaborated with each class to determine how to allow an avenue for each class to express their ideas in their varied and unique ways. Giving the students choice empowers them to direct and take responsibility for their learning.

Indeed, our students created a sense of wonder and awe throughout their stunning performances which included singing, dancing (choreographed by the students) eurythmy, showcasing new skills like ukulele playing, drumming, percussion, reciting poetry, gymnastics, Auslan, and delivering their own scripts all while instilling a sustainable mindset and appreciation of nature and life in all its forms.

We congratulate our students on an inspiring, vibrant, and entertaining performance. They were amazing! Indeed, we live in a world full of wonder and we hope that you feel uplifted and energised to live in harmony with our environment by taking on sustainable practices.

The children's costumes were creative and colourful. We thank you, our families for supporting your children and the success of the production by encouraging them and putting the effort into their costumes. It was terrific to see all of our students on stage and shining.

Thank you to Sacred Heart College Kyneton & Dr. Darren Egberts for allowing us to use the theatre, to Brodie for assisting with the lighting and sound, and to Tim Walsh for his incredible support in making sure that we had access to all that we needed so that things ran smoothly.

As always our incredible staff rallied together to make sure their classes knew what they were doing and when to come on and off. Ms. Shannon organised the masks and the stage props in collaboration with Mrs. Byrne and her students throughout their visual arts lessons.

Finally a tremendous thank you and well done to Mrs. Byrne our music and performing arts teacher who has put in a colossal effort to bring the children's talents to life.



Please Keep in your Prayers



We ask you to keep us in your thoughts and prayers as our school community has been shocked and deeply saddened by the sudden passing of beloved community members this week.

Pictured above is past student Harrison Duff who tragically passed away last weekend in a motorbike accident. Harrison finished his primary schooling at St. Ambrose in 2017. His three older siblings Tim, Sarah, and Amy also attended St. Ambrose, and his family (mother Kellie, and father Dave) are very involved in the local community. Harrison and his family are fondly remembered by the St. Ambrose staff and the school community. We send our sincere condolences to his family and friends and have reached out to those affected and keep them close in our hearts.

We are also praying for the Randle-Hewitt family at this time, with the sad news of the sudden loss of Garry, partner to Natarsha, dad to Lachie, Maddie, Zoey, who finished with us last year, and Indie who is currently in year 5. Garry was also our much-loved Mrs. Macca's brother.

Jennifer Boldiston and her family are mourning the loss of her brother Bruce who died last Friday. We are thinking of her also.

Many of our staff, students, and school community have been impacted by these losses and we are currently seeking further information from MACS about support offered. We offer our prayers, love, and sincere condolences to you all who are grieving.

(See article and links later in this Newsletter article - "Talking with Children about Grief and Loss")

See!

I will not forget you...

I have carved you in the palm of my hand.

Isaiah 49:15



School Closure Days Term 4

Term 4

2nd October 1 Day Aquittal for TIL

6th November 1 Day Pupil free day
number 4 - Writing Moderation &
Report Writing

**Please add these dates to your
calendars if you haven't done so
already.**

PFA Fair Committee

Saturday the 16th of March 2024

is the date for the St. Ambrose School Fair!

Add this date to your calendar!

We'd love to receive some more early support on the committee so that we can divide and conquer and make this a fun and successful event for the whole School and Parish community.

If you would like to be part of the planning please contact us.

We would love to hear from you!

Sophie, Amanda & The PFA Fair Committee.

Note that PFA funds (which include canteen profits) raised are spent on resources for our students. At the moment we are putting money towards the new tables and bench seats we have ordered for the deck outside the library.



**Our next PFA meeting is on
Monday, September 11th at 9am**

Prayer for Peace

Peace before us, peace behind us,
peace under our feet.

Peace within us, peace over us,
let all around us be peace.

Love before us, love behind us,
love under our feet.

Love within us, love over us,
let all around us be love.

Light before us, light behind us,
light under our feet.

Light within us, light over us,
let all around us be light.

Christ before us, Christ behind us,
Christ under our feet.

Christ within us, Christ over us,
let all around us be Christ.

Alleluia.

Peace before us, peace behind us,
peace under our feet.

Peace within us, peace over us,
let all around us be peace. By David Haas

**Please note that students should
be picked up at 2.30 pm
on Friday 15th September**

**Our production video link will be
shared when we receive it.**

**Our next newsletter will go out on
Friday 15th September 2023.**

**School resumes in term 4 on
Tuesday, October 3rd.**



**Bronwyn Phillips
Principal**



**Pictured are
some of our
Gr 3/4
students
who
represented
our school in
a futsal
competition
last Friday.**



Happy
Birthday

2 September

5 September

8 September

9 September

10 September

Ruby S

Amity C

Arlia M

Harry M

Ellie B

Angus W

Kai Z

Aria B

Oliver S



1/2CM CLASSROOM FEATURE

Production Week

What a week!

The children have done a fabulous job this week
and we couldn't be more proud.

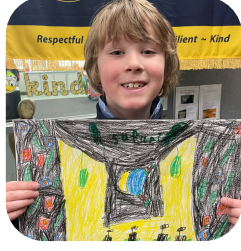
The students were so enthusiastic and their efforts
on stage were amazing.

This has been a wonderful experience for all of
the students and all of the hard work throughout the year
has made it a huge success.





"SAFARI" PRODUCTION





"SAFARI" PRODUCTION





Talking to children about grief and loss

Breaking the news about a death to a child is never easy, but it's important they know and feel heard and supported by you in the process.

Here are some tips to help:

- Try to be as honest and open as possible about what has happened
- Use age-appropriate language so it's easier for them to understand
- Use concrete words – for example, say 'died' or 'death'
- Avoid using euphemisms like 'gone to sleep' or 'passed away'
- Listen to them – it's ok not to have all the answers right now
- Answer the questions you can in a calm and consistent manner
- Be patient – they may need to hear the answers several times to process it
- Use storybooks, toys and play to help explain what has happened
- Let them know that they can talk to you at any time
- Ask another trusted adult to talk to your child if you feel too distressed
- Encourage them to express their feelings by sharing your own feelings

Reference: <https://kidshelpline.com.au/parents/issues/supporting-child-through-grief-and-loss>

For more information on how to best have the conversation and for further support from professionals for yourself or your children, please see links below

<https://raisingchildren.net.au/for-professionals/mental-health-resources/abuse-trauma-violence-and-grief/grief>

<https://www.betterhealth.vic.gov.au/health/healthyliving/grief-and-children>

Term 4, 2023

Loddon Mallee Regional Parenting

What's On In Term 4

All programs are delivered by our qualified and passionate facilitators.

Multi-Session Programs

Tuning in to Kids | 6 Sessions, Mondays

For parents and carers with kids under 12

Kids with emotional intelligence have better concentration, make friends more easily, and are better able to regulate emotions. In this program you'll learn to help your child understand and manage their feelings.

FREE | Mondays, 16 October - 20 November

In-person, CatholicCare Victoria Bendigo office | 10:30am - 12:30pm



Tuning in to Teens | 6 Sessions, Tuesdays

For parents with kids aged 12 plus

The adolescent years are among the most challenging for parents to navigate. This program helps parents build strong relationships and ensure positive interactions with their teenager, even in difficult times.

FREE | Tuesdays, 17 October - 21 November

Online, via Zoom | 10am - 12pm



Our Kids | 6 Sessions, Tuesdays & Thursdays

Post-separation program

This program explores how ongoing parental conflict affects children, how you can support your children through changing family relationships as well as how to develop effective communication with your co-parent.

\$150 (\$75 Concession)

- Online Zoom | Tuesdays, 17 October - 21 November | 6pm - 8pm

- In-person, CatholicCare Victoria Bendigo office | Thursdays, 12 October - 16 November | 12:30pm - 2:30pm



Register: www.catholiccarevic.org.au/register

Keep informed on what we offer across regional Victoria at www.catholiccarevic.org.au
(03) 5438 1300 | 176 - 178 McCrae Street, Bendigo VIC 3550



Term 4, 2023

Loddon Mallee Regional Parenting

Single-Session Workshops

Building Resilience in Kids

For parents with kids aged under 12

Resilience is not just about managing current stresses, but also developing skills for dealing with challenges throughout life and enhancing mental health. In this workshop, parents learn how to help kids develop skills, habits and attitudes for building resilience.

FREE | Tuesday, 3 October

In-person, Korong Leisure Centre @ Wedderburn P-12 College
9:30am - 11:00am



Kids and Worry

For parents with kids aged under 12

This workshop explores reasons why children worry and ways parents and carers can support them. It will include ideas and practical tools to help parents and carers assist children to manage their worries.

FREE | Thursday, 2 November

Online, via Zoom | 12:00pm - 1:30pm



Tech Strategies for Families

For parents with kids aged 0-8 years

Parenting in a world driven by technology presents a set of challenges for parents, guardians, grandparents and carers. Tech is a part of our reality, but setting boundaries around its use is not always easy.

FREE | Thursday, 16 November

Online, via Zoom | 9:30am - 11:00am



Register: www.catholiccarevic.org.au/register

Keep informed on what we offer across regional Victoria at www.catholiccarevic.org.au
(03) 5438 1300 | 176 - 178 McCrae Street, Bendigo VIC 3550





JOIN THE CELEBRATION OF ALL THINGS

Faith & Family

Loving God,

**We pray for the wisdom to
follow Your guidance.**

**Help us address conflicts with
love,
seeking reconciliation
within our community.**

**Grant us the humility to
forgive and the strength
to gather in Your name,
knowing You are with us.**

**We make this prayer through
Christ our Lord**

Amen.



Wondering:

*Do I take the Gospel
message of
reconciliation and love
into the places where I
live and work?*

Pope Francis

*St Ambrose Parish
Newsletter*

ChildrensLiturgy.pdf



COMMUNITY NEWS

TERM 4
REGISTRATION OPEN

aussie hoops

STARTING 06 OCT

FRIDAY
WOODEND - 4:30PM

SATURDAY
WOODEND - 8:30AM

SATURDAY **NEW SESSION ADDED**
GISBORNE - 8:30AM



2023/24 MRBA SUMMER DOMESTIC

REGISTRATION CLOSES 10TH SEPTEMBER!

COMMENCING - STARTING THE WEEK OF THE 8TH OF OCTOBER.

COST - \$180 (+ BV ANNUAL INSURANCE)

DURATION - 16 WEEK SEASON INCLUDING FINALS

REGISTRATION



SCHOOL HOLIDAYS FUN AT WNH SEPTEMBER 2023

LOVABALL WORKSHOPS

Get active these school holidays with fun games and activities with Lovaball Kids

4-6 year olds • 9.30am-10am
6-8 year olds • 10.45am-11.45am

\$20 pp

Tuesday 19 September



LEVEL UP GAMING

Expect the latest consoles, retro gaming, VR headsets, giant screens and dozens of TVs

12 - 25 years • 2pm - 5pm

FREE

Wednesday 20 September

DRAMA WORKSHOPS

Join the crew at Storyboard Drama for a fun and energetic performance workshop

Prep to Grade 6
9.30am-12.30pm or 1pm - 4pm

\$35 pp

Wednesday 27 September



For more information or to make a booking, visit:
www.woodendnh.org.au or call 5427 1845

MACEDON RANGES BASKETBALL ASSOCIATION

REP TRYOUTS

BOYS & GIRLS - ALL AGE GROUPS

SCAN HERE TO REGISTER

TRYOUTS WILL BE HELD THE FIRST WEEK OF TERM 4.

**PLEASE REACH OUT TO US
AT REP@MRBA.ORG.AU FOR MORE INFORMATION.**

