



# St Ambrose Parish School



*Our Vision: Centred by Faith, In Partnership with Community, We Provide Excellence in Learning.*

## Prayer of St. Francis

Lord, make me an instrument of your peace.  
Where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
and where there is sadness, joy.

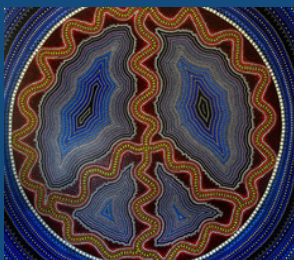


O Divine Master, grant that I may not so much seek  
to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.  
For it is in giving that we receive;  
it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life. Amen



We acknowledge the traditional owners and custodians of this land.

We pay our respect to elders past, present, and future. They hold the story, hope, and dream for all.



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Monday 9 October 2023	Regional Athletics Bendigo Assembly 2.45pm
Tuesday 10 October 2023	SHC Junior Chef Competition 10-12pm
Wednesday 11 October 2023	Canteen closed Fete Committee Meeting 5-6pm
Monday 23 October 2023	Assembly 2.45pm
Tuesday 24 October 2023	SHC Junior Chef Competition 4-6pm
Wednesday 25 October 2023	School Advisory Council meeting 9.30am
Friday 27 October 2023	World Teacher's Day
Thursday 2 November 2023	Parents & Friends meeting 2.30pm
Monday 6 November 2023	<b>Student free day – Report writing</b>
Tuesday 7 November 2023	<b>Melbourne Cup Public Holiday</b>
Wednesday 8 November 2023	Prep Orientation Session 1 – 9-10am
Wednesday 15 November 2023	Prep Orientation Session 2 – 9-10am
Thursday 16 November 2023	Grade 5 Leadership Day Grade 6 Transition Day – St Mary's Primary School, Lancefield
Monday 4 December 2023	Braemar College Orientation Day
Tuesday 5 December 2023	Prep Orientation Session 3 – 9-11am Grade 1-6 Going Up Day – 9-11am School Advisory Board meeting 5.30-7pm Parents & Friends meeting 7-8pm
Wednesday 6 December 2023	St Ambrose Day Celebration Incurion Canteen – Special Menu
Thursday 7 December 2023	St Ambrose Feast Day School Picnic & Christmas Carols – 5.30-7.30pm
Monday 11 December 2023	Grade 6 Graduation Mass 6-8pm
Tuesday 12 December 2023	Sacred Heart College Orientation Day
Wednesday 13 December 2023	Canteen closed
Thursday 14 December 2023	Grade 6 Graduation Day Out
Friday 15 December 2023	Last day of term Students dismissed 3.30pm
Monday 18 December 2023	Numeracy Testing (by appointment)
Tuesday 19 December 2023	Numeracy Testing (by appointment)

# Message from the Principal

We celebrated the feast of St Francis of Assisi this week along with St Clare of Assisi who was one of the first followers of St. Francis. You may like to pray his peace prayer included on the front page with your family. It is a prayer that nourishes me and gives me great comfort.

Although it has been a chilly start, it is great to be back with the promise of better weather to come!

As we begin the final term for this year, I would like to acknowledge you all as being valued members of our supportive St. Ambrose community. Indeed, the care, and kindness offered has been deeply appreciated by everyone over these past weeks.

Our sense of community is inspiring. It is through this unity that we can continue to nurture the growth and development of our students and support each other in good as well as trying times.

Our strong sense of community enhances a sense of belonging at school which is our collective responsibility!

We prioritize devoting time and energy to building and sustaining positive relationships with each and every child which becomes the essential bedrock for the 'sense of belonging' that all children need to experience to thrive at school.

The Australian Education Research Organisation (AERO) says the following about student wellbeing and belonging; Sense of belonging to one's school is referred to as school connectedness and is the extent to which students feel a part of their school and feel valued and cared for by their school community.



This 'sense of belonging' has many benefits; A positive sense of belonging at school enables students to feel:

- their teacher and peers like, value, and accept them
- the curriculum is interesting and relevant
- they are capable of succeeding at school
- their cultural identity is welcome and valued
- they can 'be themselves' within appropriate boundaries.

A positive relationship with the school community can shape a student's emotional, behavioural, and cognitive engagement with schooling and influence academic outcomes.

Benefits for learning and engagement at school include:

- lower absenteeism
- higher levels of effort, interest, and motivation
- positive homework behaviour
- being more likely to like school
- trusting and respecting their teachers
- enjoying challenging learning activities

Our year so far has been filled with growth, faith, and community, and I feel deeply privileged to be working with you all.

Term 4 promises to be filled with diverse opportunities for our students. Our combined hard work, care, and dedication creates an environment where our students can thrive academically, physically, spiritually, and emotionally.

Indeed the staff of St. Ambrose are approaching this term with much optimism and embrace every opportunity to continue our journey of growth and faith together.



# Work Experience Students



We always value what our work experience students offer to our programs.

Pictured above are Lucy and Amelie who assisted with the base coat for our cow!

# Our New Seating



It is lovely to see our children enjoying the new furniture in our outdoor classroom and quiet area.

Thank you to Tyrone for assembling this and to P&F funds raised to contribute to the payment of this.

# PFA Fete Committee

We welcome your support in attending our next Fete Committee meeting on **Wednesday, October 11th at 5.00 pm.**

Please email Sophie Lynch for details:  
[sophielynch1981@gmail.com](mailto:sophielynch1981@gmail.com)

# Junior Chef

Sacred Heart College is again hosting the Junior Chef competition this year.

Our year four students Maddy D, Joel W, Harriet F, and Sophie V were our successful applicants who will represent our school. These students will be presented with their aprons at Monday afternoon's assembly. We wish them success as they take on their first challenge of making pancakes on Tuesday! Mrs. McLay will meet the students at SHC to offer them encouragement.



# Building Update

It won't be long now before you will be entering our office via the new front entrance! From next Tuesday this should be the case which is very exciting! We will then empty the library to be ready for renovating from week four.



In my heart is where  
your story lives.



**Bronwyn Phillips**  
Principal

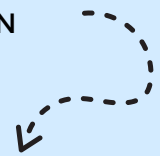




STUDENTS, ROSE AND FELIX ARE PERFORMING IN THE WIZ PRODUCTION!



IF YOU WOULD LIKE TO SHOW YOUR SUPPORT, YOU CAN



# HAPPY BIRTHDAY

- 5 OCTOBER LEWIS L
- 6 OCTOBER MAGGIE C
- 6 OCTOBER FIN M
- 7 OCTOBER SOFIA M
- 9 OCTOBER GEORGIA P
- 9 OCTOBER EVA P
- 11 OCTOBER CHARLOTTE W





# 3/4M CLASSROOM FEATURE

## Our Chicken Adventure



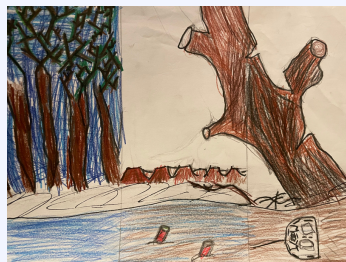
During August, Grade 3/4 M began each morning in anticipation of some new feathery arrivals. Six chickens hatched and we enjoyed watching them grow and change over time. We were surprised to see how quickly they put on weight, changed their feathers and became more confident. The chickens became a part of the class, being held, chirping and running around our reading circles.



Although we were sad to see them go, it wasn't goodbye forever. They are currently growing big enough to return to the St Ambrose chicken coop and will be back soon.

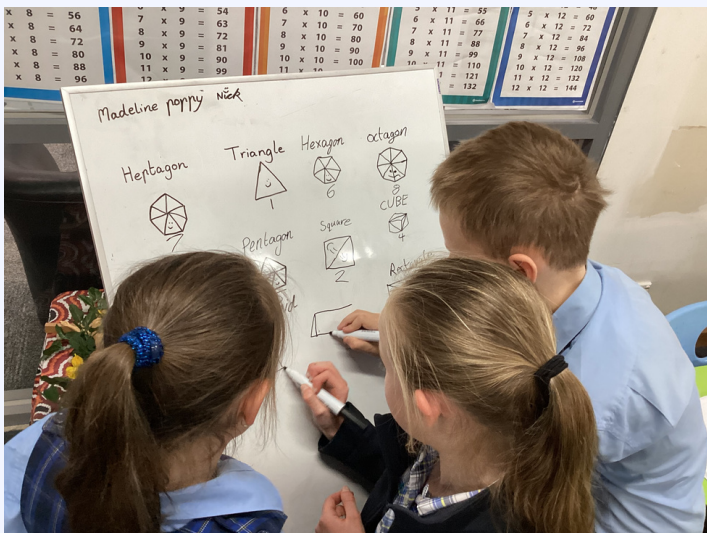
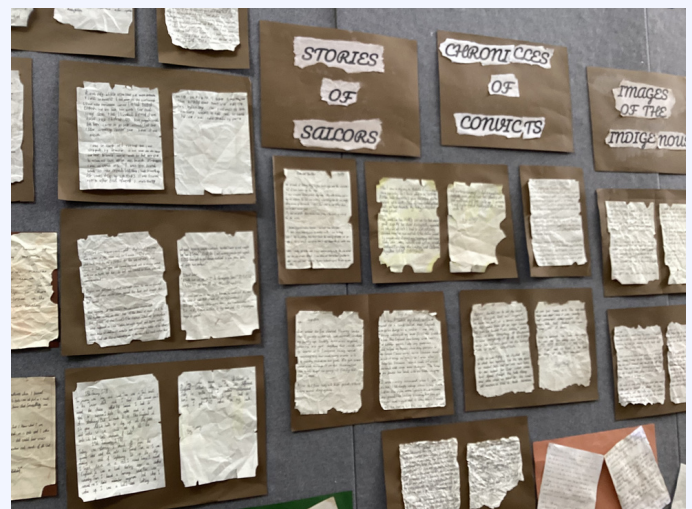
## Inquiry - Change Over Time

As part of our inquiry into the historical changes to our country due to settlement, we created a triptych artwork. Triptychs have three panels that tell a story. Our artworks depicted an Australian landscape that changed over time. Students in 3/4 were able to use any landscape and medium they wished and demonstrated their understanding of the effects of settlement on our land.



## Historical Narratives

Our most recent published writing was a historical narrative, set on a convict ship or in an early settlement. Students used the Bump It Up Wall to set their own goals to work towards while writing this piece. We used our knowledge of tall ships, convict stories and rich descriptive language to create engaging narratives. We then gave them an authentic aged appearance with some chalk, tearing and scrunching.

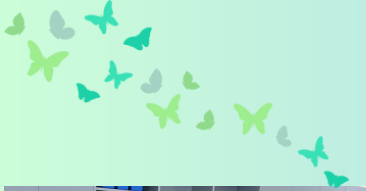


## Launch Explore Summarise

We are practicing and improving our problem solving and collaboration skills by following the Launch, Explore, Summarise model in some of our Mathematics' sessions. Working in small groups and with challenging open ended problems, students explore and discuss possible solutions. The vertical whiteboards help us to explain and critique other's ideas and processes.



# AROUND THE SCHOOL



5/6M MATHS



5/6M WATER DISPLACEMENT



## Mental Health & Wellbeing at St Ambrose

Erin Brass

### HOW TO BE A MENTAL HEALTH ALLY

#### ASK

Check-in with others, regardless if you notice a change in someone's behaviour.

- How are you doing?
- I've noticed you haven't been yourself. Would you like to chat?
- Is this conversation still ok for you?



#### LISTEN

If someone is experiencing distress, communication might be difficult. Taking the time to actively listen and understand makes space for a range of experiences, and doesn't add pressure to the conversation.



#### VALIDATE

Take time to validate another's concerns, boundaries, and show your support by validating their experience. It can help to repeat things that you heard back to acknowledge your validation and understanding.



Mental Health Month October

1300 794 991

<https://directory.wayahead.org.au/>

FIND OUT OTHER WAYS TO BE A MENTAL HEALTH ALLY HERE







JOIN THE CELEBRATION OF ALL THINGS

# Faith & Family

## God of Love

We pray for the wisdom to heed your call, like the son who eventually obeyed you.

Help us to recognise the importance of our actions over mere words.

May our deeds align with your will,

and may we find grace and forgiveness in your loving embrace.

We make this prayer through Christ our Lord

Amen

## A Wondering:

Jesus was always integral and did not pay 'lip service' to anyone. Integrity calls us to be our word.

Do you do what you say you are going to do?

What changes can you make today to become more integral?

Are we authentic in our faith and deeds, not merely professing our faith, but actively living it out in our daily lives?



## Sunday's Gospel Reflection:

(Matthew 21:28-32)

"What you say and what you do"

For all Faith & Family related matters, please email: [nicole.sherlockbyrne@sawoodend.catholic.edu.au](mailto:nicole.sherlockbyrne@sawoodend.catholic.edu.au)





# MEDICAL MANAGEMENT

## FIRST AID CHANGES

From the beginning of term 4 2023, there will be changes in the way we can administer medication at school, and the information we require for students with an identified health care need.

For any student with an identified health, mobility or personal care need, the appropriate **Medical Management Plan** must be completed by the relevant Medical/Health Practitioner. The **Medical Management Plan** Template can be found on our website (link below).

If the student takes medication during school hours for their condition, the **Medication Authority Form** must be completed (as well as the Medical Management Plan) and updated as required by a registered Medical/Health Practitioner and provided to the school by the authorised parent/carer.

The school will complete a **Student Health Support Plan** in conjunction with the parents/carers at a PSG (Parent Support Group meeting) that outlines how the school will support the student's health care needs, based on the documented Medical Management Plan that has been completed and endorsed by the student's treating medical/health practitioner. This form or a condition specific form (e.g. Epilepsy Management Plan, Asthma Management Plan, Diabetes Management Plan) must be completed for each student with an identified health care need. Students with Anaphylaxis must have an Individual Anaphylaxis Management Plan in accord with the Anaphylaxis Policy.

Parents/guardians/carers are responsible for the provision of a Medical Management Plan and, where applicable, a Medication Authority Form, which references the diagnosed medical need and the medication to be administered. The school is responsible for administration of medication in accordance with the medication authority documented in the Medical Management Plan and the Medication Authority Form for the student.

Parents/guardians/carers are responsible for providing medication that is within its expiry date and replacing medication, if necessary, that has expired. Medication that is within its expiry date will be stored safely and securely and in accordance with relevant storage instructions. The quantity of medication stored will not exceed a week of supply, other than in circumstances where a long-term arrangement has been implemented in accordance with the Medical Management Plan and documented student's health care needs.

Thank you for your co-operation with this mandated process which has student safety and their optimal care as the primary concern.

**Note:** Medication such as aspirin and paracetamol will not be stored (or administered) for first aid purposes as these medications may mask symptoms of serious conditions. Medicine for allergy sufferers will not be administered without the appropriate paperwork.

**Supporting documents that can be found on the school's website:**

[Medical Management Plan template](#)

[First Aid Policy and Guidelines](#)

[Administration of Medication to Students - Procedures](#)

[Medication Authority Form](#)

[Medical Management Policy](#)

[Student Health Support Plan template](#)

[Anaphylaxis Policy](#)





# COMMUNITY NEWS



## Junior School Showcase

Thursday 12 October, 4:00pm - 8:00pm

We invite you to experience the amazing project work of our Junior School students:

- Year 7 Portfolios
  - Year 8 Make a Difference Projects
  - Year 9 Major Projects
  - Years 7, 8 & 9 Art & Design Exhibition
- Google: Junior School Showcase for more information

SACRED HEART COLLEGE KYNETON

A Ministry of Mercy Education Limited - ABN 69 154 531 870

T: 5421 1200 www.shckyneton.catholic.edu.au



*Dromkeen 2023*  
**Between the Pages**  
An exhibition featuring the picturebook art of children's writers & illustrators  
*Leigh Hobbs, Ann James Gabrielle Wang & Mark Wilson*  
Opening November 12 12.45pm to 3pm

Mark Wilson's new picturebook *Caroline* will be launched during the opening by Cristina Pase, Managing Editor at Windy Hollow Books followed by refreshments & book signing

At 2pm, Mark Wilson will hold a Workshop for children of all ages...  
*Drawing our Wild Creatures'*

RSVP to opening and Workshop at: [bernadette@dromkeen.com.au](mailto:bernadette@dromkeen.com.au)  
The exhibition continues to Jan. 28, 2024  
Original illustrations, prints and books are for sale  
Dromkeen Homestead: 1012 Gisborne/Killmore Rd. Riddell's Creek

## INVITATION

Colleen Jackson PhD  
Sister of Charity & Trauma & Grief  
Psychologist & Counsellor

is guest speaker for the  
Macedon Ranges Support  
after Suicide Peer Group  
meeting.

The meeting takes place at  
the Newham Hall  
on Monday 9 October 2023  
at 7pm.

All welcome.

## WE ARE FOUNDATION OF ALL SPORTS



5 REASONS why you should register for Little Athletics!



Meet new people and spend time with your family and friends.



Participate in a variety of different events at your weekly meets.



Improve your physical fitness and mental wellbeing.



Have the opportunity to participate at local centre meets & state competitions.



Achieve your personal best and continue to improve your skills.

REGISTER TODAY AT  
[lavic.com.au](http://lavic.com.au)







# COMMUNITY NEWS

## TERM 4 AT THE WOODEND NEIGHBOURHOOD HOUSE



**THE HIVE**  
 Craft, cooking  
 board games and more  
**6+ years**  
 Wednesdays  
 3.45pm-4.45pm

Keep the little ones busy at our after school club. Craft, cooking, board games and more.

**\$120**

6+ YEARS • WED 3.45PM - 4.45PM • 10 WEEKS (STARTS 11 OCT)

**BEE CREATIVE**  
 WOODEND'S AFTER SCHOOL CLUB  
 FOR CREATIVE MINDS  
**9+ YEARS OLD**  
 WEDNESDAYS 5PM-6PM

Make all kinds of crafty things at our weekly creative club. Explore mosaics, drawing and cooking.

**\$120**

9+ YEARS • WED 5PM - 6PM • 10 WEEKS (STARTS 11 OCT)

**CREATIVE YOGA  
 FOR PARENTS  
 & KIDS**  
**TERM 4**

This shared hour of creative yoga combines fun, dancing and rest, for school aged children and their carer.

**\$120**

5+ YEARS • WED 6PM - 7PM • 4 WEEKS (STARTS 18 OCT)

**YOGA FOR  
 TWEENS  
 TEENS AND  
 PARENTS**  
**TERM 4 2023**

This shared hour of yoga for tweens, teens and carers invite a growing understanding of mind, body and breath.

**\$120**

9+ YEARS • WED 6PM - 7PM • 4 WEEKS (STARTS 15 NOV)

47 Forest Street, Woodend

[woodendnh.org.au](http://woodendnh.org.au)

[reception@woodendnh.org.au](mailto:reception@woodendnh.org.au)

5427 1845







# COMMUNITY NEWS

## WHY DON'T YOU ENTER?

There are hundreds of categories to choose from...  
 Home Brew Horticulture Paper Skills  
 Painting & Drawing Jams Preserves & Chutneys  
 Needlework & Knitting Photography Craft School Exhibits  
 Home Produce Sheep & Alpaca Fleeces Creative Writing LEGO



## HOW ABOUT ENTERING...

Your favourite cake, your yummy jam, your home brew, a photo you took, craft the kids brought home from school, the scarf you took so long to knit, veggies or flowers from the garden, eggs from the hen house.



## GOLD SPONSORS



## ENTRY FORMS

ALL ENTRY FORMS MUST be in by  
**Tuesday 14th November at 6.30pm**  
 Home Produce (Baking) ITEMS MUST be in the pavilion  
 by **Thursday 16th November at 9.30am**  
 Farm Produce ITEMS MUST be in the pavilion  
 by **Friday 17th November at 10.30am**  
 Horticulture ITEMS MUST be in the pavilion  
 by **Friday 17th November at 10.30am**  
 ALL OTHER ITEMS MUST be in the pavilion  
 by **Tuesday 14th November at 6.30pm**

## OFFICE OPENING HOURS

Thurs	9th	10am - 4pm	Wed	15th	8am - 8pm
Fri	10th	10am - 4pm	Thurs	16th	7.30am - 8pm
Sat	11th	10am - 2pm	Fri	17th	7am onwards
Sun	12th	10am - 2pm	Sat	18th	7am onwards
Mon	13th	9am - 6pm	Sun	19th	10am - 2pm
Tues	14th	8am - 8pm			

## ADMISSION

- Adults \$20 • Pensioners \$10 • Child 2 - 17 years \$10
  - Family Pass ( 2 Adult & 4 Children ) \$50
  - 2 Day Family Pass ( 2 Adult & 4 Children ) \$80
- Pre-purchase at [www.trybooking.com/CLARM](http://www.trybooking.com/CLARM)  
 or purchase your ticket at the gate.

## FOR MORE INFORMATION

Check out the web page for everything you need to know  
[www.kynetonshow.org.au](http://www.kynetonshow.org.au)  
 Pick up a schedule from the Kyneton Copy Centre  
 Email [kynetonshow@gmail.com](mailto:kynetonshow@gmail.com) with your questions  
 Text or Call Josie Rutledge 0439 743 865

## KYNETON SHOW OFFICE

Located in the Watts Pavilion at the showground  
 enter from Mollison Street next to the show mural.

## VOLUNTEERS Always Welcome!

Come and join our fabulous team.  
 Scan the QR code or email [kynetonshow@gmail.com](mailto:kynetonshow@gmail.com)



Creative | Lyn Ingle | blue pencil publishing | Gold Sponsor

## 161st Kyneton Show 2023

# Carnival Night

**FIRE WORKS 9PM**

**FRIDAY NIGHT 17 NOVEMBER 5.30pm-10pm**

# Show Day

**SATURDAY 18 NOVEMBER 9am - 4pm**

[www.kynetonshow.org.au](http://www.kynetonshow.org.au)

## FRIDAY NIGHT CARNIVAL

17 NOVEMBER 5.30-10pm

NO ALCOHOL / NO PASS OUTS



**FIRE WORKS 9PM**

Visit the Art, Craft & Produce Pavilion with 2500 Exhibits

Whip Cracking Demonstrations & Lessons

## MELT DOWN

Be the last person standing



**ALL FREE**



Bucking Bull

**LASER TAG**  
In the hay bales

## BIG MARQUEE ON NETBALL COURT

LIVE MUSIC, SNACKS  
 DRINKS & GAMES,  
 CHARGING STATION



This is a space to hang out and kick back for young people aged 12+

Sponsored By



## SATURDAY SHOW DAY

18 NOVEMBER 9am-4pm

### FREE KIDS' ACTIVITIES

Craft, create, build and paint to your heart's content



### FARMER DARRYL'S ANIMAL NURSERY

Get up close with all sorts of farm animals in Darryl's famous animal nursery



### FARM WORKSHOP

Build a wooden toy OR create your own piece.



**ALL FREE ALL DAY**

### WOODCHOP DEMONSTRATION



Woodchop in action.

### FARM SHED

Loads of hands-on activities for the younger future farmer.



**ALL FREE ALL DAY**

### COUNTRY PARKOUR

Climb, jump and leap at our farm-inspired Country Parkour.



### PONY RIDES

Enjoy as many FREE RIDES as you like!



## CHILDREN'S PET PARADE

- Class 1 Pet Sheep, Goat or Calf
  - Class 2 Pet Dog
  - Class 3 Any Other Pet Animal
  - Class 4 Best Decorated Pet
- Best in Show Memorial Ribbon  
 Prizes: 1st - \$5  
 All entries awarded a ribbon.  
 Judging at the KID'S SHOW RING commences at 10.30am.

NO ENTRY FORM REQUIRED, JUST TURN UP ON THE DAY.

**FREE ENTRY**  
Open to all pets big & small.



Don't forget to purchase your **TREASURE HUNT BAG** inside the main gate and go hunting for your **FREE** goodies.

**TREASURE HUNT SHOW BAG**



## ANIMALS Galore

Pet Parade | Horses | Dogs  
 Poultry | Sheep | Alpacas

## LIFE on the LAND at the Kyneton Show

If you have made the 'Tree Change' come and speak to people who can help you manage your property.